



MONTFORD

THE NEWSLETTER OF ASHEVILLE'S MOST HISTORIC NEIGHBORHOOD
Vol. 20 No. 5

MAY '15

Festival * * **Second \$1000 Montford Challenge**

Longtime Montford residents and Festival supporters **Brian May and Scott Merrill** have offered a second Montford challenge to benefit the Montford Music and Arts Festival happening soon, **May 16, 2015**. They will match up to \$1000 in donations from neighbors and friends. We now need a minimum of \$2000 in donations to meet the two challenges that have been offered. The first \$1000 matching donations challenge was offered by **Herman and Lou Ann Navarro**.

Thank you, Brian and Scott, for your unwavering support of our Festival and our neighborhood. Let's rally with these folks and continue to support our neighborhood Festival. Make your donations soon. We can meet these challenges with your help!

How Can I Donate?

- Make checks payable to the Montford Neighborhood Association (MNA) and mail to Susan Eggerton, MNA Treasurer, po box 7181, Asheville, NC 28802. Write "Montford Challenge" in the memo section of your check.
- Go to montfordfestival.org, go to the festival store Donation link and make your donation using PayPal.

The Montford Neighborhood Association is a 501(c)(3) charitable organization. Donations are tax deductible to the full extent allowed by the tax code. All proceeds from the festival help fund community projects and activities of the Montford Neighborhood Association. You will receive a Thank You Letter/Receipt, for your donation, from the MNA which can be used for tax purposes.

It is not too late to donate! Below are the Montford neighbors and friends who have already stepped up to the plate and answered the call.



Return this section with your donation (unless you donate online)

YES! I/we proudly accept the Montford Challenge and would like to support the 2015 Montford Music and Arts Festival with my/our donation.

Name _____

Address: Street _____

City _____ State _____ Zip _____

Donation Amount: \$ _____

Make checks payable to the Montford Neighborhood Association. Mail to Susan Eggerton, MNA Treasurer, po box 7181, Asheville, NC 28802

You will receive a Thank You Letter/Receipt, for your donation, from the MNA which can be used for tax purposes.

Thank you for your support!

- | | |
|-------------------------------|------------------------|
| Carl Adkins & Catherine Alter | Teresa Peters |
| John & Jenny Gordon | Lewis & Susan Rothlein |
| Sharon Kopstein | James & Roxanne Semon |
| Bill Laroque | Fredilyn Sison |
| Meg Macleod | Mary K. Smith |
| Lucy Morris & Paula Sellers | Carol Stangler |
| David & Ellen Nutter | |



CALENDAR

MONTFORD NEIGHBORHOOD ASSOCIATION MEETINGS

- Third Tuesday of every month, Montford Community Center, Pearson Drive.
- Next meeting: May 19, 2015, 7pm. Watch the list serve for agenda items.

All residents are welcome! Everybody in Montford is a member of the neighborhood association.

MONTFORD PARK PLAYERS

- *REJ* to open Montford Park Players' 43rd Season

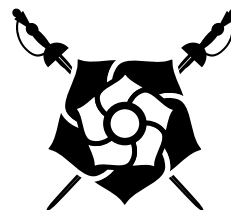
REJ, a 2-person play adapted by director Jeff Catanese from William Shakespeare's *Romeo and Juliet*, and starring Devyn Ray and Alex McDonald, will open our free season of Shakespeare Friday, May 15, at 7:30pm. Plays Fridays, Saturdays and Sundays through Saturday, May 30 at the Hazel Robinson Amphitheatre.

COMMUNITY CENTER

- Summer Playground, June 15-August 13, 8:30am-5:30pm, \$40 per week
- Martial Arts, Tuesdays 6:30-8pm, \$10
- Community Volleyball, Wednesdays 7:45-10pm, \$5
- Community Basketball, Wednesdays, 5:30-7:30pm, \$1
- Family Hours, Saturdays, 10-11am
- Climbing Wall, Mondays 5:30-8pm, call for fees
- Badminton, Thursdays 5:30-8pm, free
- Table Tennis, Mondays 5:30-8pm, Saturdays, 11-2pm, free
- Ukulele Club, Mondays 6-8pm, free
- Developing Future Male Leaders, Tuesdays 6-8pm, \$5
- Diamonds in the Rough, Tuesdays 6-8pm, \$5
- Hot August Night 5K, August 15, 7pm, \$20; \$5 discount if register by August 8

SUNDAY ENGLISH COUNTRY DANCES

- May 31
 - June 7 and 21
- 19 Zillicoa Street, 4-6:30pm; \$6/\$5 (for Old Farmers Ball members). Beginner's session, 3:30pm. Mostly first and third Sunday afternoons. Check schedule for changes. oldfarmersball.com, 230-8449. Caller with live music. Newcomers welcome; dress comfortably with comfortable shoes; fragrance-free.



MONTFORD PARK PLAYERS



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Montford Walk-in Bakery to Close

Sue G. Russell

Jennifer and Neil Thomas are long-time residents of Montford, having lived in the house on the hill since 1989. They've seen Montford change, and change it will again with the projected June 1 closure of the Montford Walk-in Bakery, Jennifer's unique and wonderful gift to her neighbors. For nearly a decade, the Bakery has produced breads and pastries weekly. Tucked into a corner of the Thomas's house, the tiny bakery never put a tiny spin on what went out the door. Breads, pies, cakes, tarts, you name it, have flowed out to the neighborhood and beyond. Pick-up day would be evident even to an outsider. Just why are so many people walking toward Westover Drive? They're smiling, too, greeting their neighbors, walking home with brown bags of goodness. Everyone's happy on bread day.

But before we address the end, what of the beginning? What was the origin of this wonderful little corner of the world? Jennifer was motivated by several things. First, a lot of inherited creativity had to come out. Jennifer's father was a graphic artist with the *Christian Science Monitor*, once considered the best reportage on foreign affairs around. Mom was stay-at-home but in modern parlance, "a maker," an accomplished seamstress but perhaps even more importantly for the young and observant Jennifer, she was a real, three-meals-a-day kind of cook, punctuated with breads and pastries, all transpiring in the multi-cultural world of Boston. And Jennifer, as a young northern bride transported to the south by North Carolina-born Neil, wanted to add to the sense of community in Montford.

Over the years, Jennifer enhanced her culinary skills, earning a Baking & Pastry Arts Degree in 2008 from AB Tech's highly regarded cooking curriculum. And she grew professionally, with deep involvement in the Artisan Bread Festival, now in its 11th year. (Note: The Festival occurs this month – see ashevillebreadfestival.com/ for details.)

For several years, she cooked out of her own kitchen but all the baking emanating from Westover Drive took a giant leap forward

with construction of "The Oven," the majestic wood-fired oven presiding over the bakery's side yard. Undertaken by Neil and a mason, the oven easily reaches 625 degrees, then stays warm

enough to allow knowing neighbors to scoot in with vegetables for roasting. Special cladding helps produce that stratospheric temperature, which leads to the rapid rise/cooking and the resultant "crumb," the yardstick by which all breads are judged. Many a fallen Montford tree has helped the oven hit its impressive temperatures while most baked goods are prepared with locally sourced grains, thanks to Carolina Ground Mill. The extensive Montford tree canopy that Jennifer has written so beautifully of pretty much negated the possibility of extensive fruit-growing, but rhubarb toughed it out, and often shows up in pies and tarts.

But life is a process of change as we all know and Jennifer has come to realize that bread making, on the scale of a regular 52-week a year subscription bakery, might reside more in the province of the young. Years of using the

shoulders and arms to knead bread can take a toll. A youthful injection came in the form of Susannah Gebhart, who began baking with Jennifer about two years ago. Susannah now bakes in what was the Montford Walk-In Bakery, under her appellation, OWL Bakery, an acronym for Old World Levain, bread issued nearly weekly. In a pretty subtle transition, Susannah is now the baker but neighbors are always happy to see Jennifer, often greeting and helping out.

In June, the bakery will officially end its magical run. And what of our bakers? Jennifer will return the bakery space to residential use but not completely – it will emerge as an art studio, giving her great light as she practices her art where she once practiced her breadmaking. She is currently studying at AB Tech with Peter Loewer, a noted plant and botanical artist. And, Susannah and OWL Bakery will land elsewhere.

Real estate negotiations are on-going but suffice to say, the OWL will resurface and debut in Asheville in a form not seen elsewhere in town, a European-styled bakery/café that celebrates the daily pleasures of food and drink. The *Newsletter* will continue to follow Susannah as the OWL Bakery finds its new nest.

And to Jennifer Thomas, a final salute and thanks. For even after the oven has been fired up for the last time and the smell of freshly baked bread is gone, the legacy of the Bakery will remain, and the community it has helped form.



Drawing by Jennifer Thomas

"All sorrows are less with bread."
—Miguel de Cervantes Saavedra

2015 Montford Music & Arts Festival

2015 Festival Bands

Billy Jonas

Funky Folk Music for the Whole Family. It's a "neo-tribal hootenanny." Original voice and percussion-based songs with a generous dose of audience participation. The music mixes conventional instruments (guitar, bass, marimba) with homemade creations (buckets and barrels, keys and cans, bells and body percussion). Billy tailors both his song selection and its presentation to suit each audience. It's spirited, straightforward music accessible to anyone and everyone, regardless of age or cultural background. The big-tent festival quality of Billy's music facilitates connection and community while fostering inspiration and, most importantly, FUN.

Billy Jonas has shared stages with many renowned artists, including Alison Krauss, Peter Dinklage, Keb' Mo', Mary Chapin Carpenter, Kathy Mattea, Paul Winter, Michele Shocked, Justin Bieber, Ani DiFranco, David Wilcox, Richard Thompson, and Pete Seeger. billyjonas.com



pleasing, seasoned musicianship and powerful vocals, the band has made a name for themselves among traditional and contemporary listeners. Their fifth album, *Forever It Will Be*, is the first all-original album. [facebook.com/buncombeturnpike](https://www.facebook.com/buncombeturnpike)

One Tribe Reggae

Keeping it positive, one drop at a time! Give thanks for reggae music, and all the goodness within the greater community. Forward OTP. Peace, [facebook.com/OneTribeReggae](https://www.facebook.com/OneTribeReggae)



The Sufi Brothers

The Sufi Brothers are Aaron "Woody" Wood on vocals and guitar, and Jason Krekel on vocals, mandolin, guitar, and fiddle. They represent 15 years of Americana from Asheville — locals that have played a diverse collection of venues from revivals to dive bars. The Sufi Brothers play an improvised set that starts with a tribute to country roots, blues, gospel, and folk, and then travels a path unknown guided by an openness and sensitivity to each other and the universe. Like their namesake the Sufis — they let love and a higher power determine the course the music takes. jasonkrekel.com/sufi-brothers/



WestSound

WestSound Band was formed many years ago by three brothers: Randy, Oscar, and Cecil Weston. They have performed locally and abroad. Randy, the band leader, has years of experience performing as a musician with bands and individually. Keeping the family dream alive, Randy formed WestSound, which derives from their last name, Weston. The band is made up of the brothers, plus female singer Regina Duke.

Regina adds great sound and energy with her commanding presence. WestSound has performed in the Indiana Black Expo, Goombay, Harambee, Bele Chere, Eden Fest, LEAF and more.

WestSound is one of WNC's hottest bands, known for their fantastic music and great energy.

[facebook.com/pages/WestSound/215017765645](https://www.facebook.com/pages/WestSound/215017765645)



Mande Foly

Mande Foly is a collective of musicians and dancers who perform traditions of West Africa, *Mande* referring to a region which predates national boundaries, and bridges smaller ethnic groups. The music of Mande Foly is dynamic and improvisational, rooted in a strong rhythm section. Along with the syncopated harmonies between the kamale n'goni, balafon, guitar, and call and response singing, the music of Mande Foly delivers a hypnotic experience that attracts people of all ages and backgrounds. Lyrics, sung in Bambara and French, delve within topics such as social consciousness, conflict, and love.



The instrumentation of Mande Foly reflects a bridge between past and present times, using predominantly traditional instruments and also acoustic and electric guitars. The traditional instruments include the kamale n'goni, a 14-stringed harp-like instrument; the balafon, an instrument related to the modern xylophone; the calabasse, a gourd that has been halved and played with the hands; the djembe, a goblet-shaped hand drum; and dununs, cylindrical drums played with sticks. mandefoly.com/home.html

Buncombe Turnpike

Lead singer and bass player Tom Godleski, along with former banjo player Tim Adams, began Buncombe Turnpike in the fall of 1997. Buncombe Turnpike plays a variety of tunes ranging from traditional and contemporary bluegrass to gospel and handcrafted originals. With their crowd-



2015 Montford Music & Arts Festival

The Pond Brothers

The Pond Brothers are drawing on bluegrass and world music to create a fresh sound self-dubbed *Bluegrassafari*. They hail from the Blue Ridge Mountains and have been playing around the United States and internationally. They make up a core of the groups Snake Oil Medicine Show and CX-1, and are in numerous groups across the Southeast.

They have shared the stage with such heroes as Roy 'Futureman' Wooten, Joe Craven, Vassar Clements, Yonder Mountain String Band, Little Feat, Peter Rowan, Tony Rice, Baby Gramps, and Larry Keel. reverbNation.com/thepondbrothers



the highly influential, professional companies the Fiddle Puppets, and the American Tap Dance Orchestra. Ira was also the lead soloist in *Rhythms of the Celts*, which ran for six weeks at the prestigious Waterfront Theatre in Belfast, as well as a guest soloist with *Rhythm in Shoes*, and the Vanaver Caravan.

tentpercussion.com/appalachianroots/index.htm

Fritz Beer & the Crooked Beat

Singer/Songwriter Fritz Beer heads this group with his down-to-earth, spirited songs about good-hearted people who sometimes go astray.

His vocals waiver somewhere between a Joe Strummer snarl and Graham Parker's soulful whine, but it's American music and that means rock, country, soul, and blues laid out in a simple acoustic format. Montford residents Elzy Lindsey (drummer/cajon player) and bassist/vocalist Dave Baker come to Asheville by way of New Orleans courtesy of Hurricane Katrina.

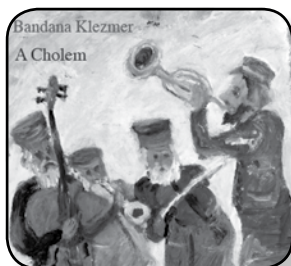
Louisiana's loss is North Carolina's gain. This joined-at-the-hip rhythm section draws from their punk/rock 'n' roll roots, making bands and singers sound great for years in The Big Easy and in Asheville. Sim Hickman, the newest member shredding on lead acoustic guitar, honed his craft for decades playing five nights a week in jam bands from Jackson to Macon county. In this all-acoustic format with frontman Beer, their skills and raw passion for music truly shines through. fritzbeermusic.com/crooked-beat-free-music.



Bandana Klezmer

What's a klezmer band doing in the mountains of North Carolina you ask?

The answer is—quite a lot! Most of the band played for years nestled in Yancey and Mitchell counties. The Asheville connection happened when Andy taught an eight-week klezmer workshop at the JCC, which attracted the folks from Bandana in Mitchell County, and magic ensued. Made up of Jewish and Gentile stock, they play old time, old world klezmer music from the Carpathian mountain regions in Eastern Europe. No twists, no fusions, not modern other than an occasional original tune. They collect melodies from older klezmerim, scratchy old recordings, and contemporary klezmer musicians playing in the traditional style. They've kept quite busy playing festivals, holidays, weddings, and bar mitzvahs, in synagogues, churches, dance halls, living rooms and cemeteries. bandanaklezmer.com



Ira Bernstein & Friends

Born and raised in the suburbs of New York City, Ira began dancing traditional Appalachian clogging and flatfooting, and playing the fiddle as a college student in 1978 in Philadelphia, where there was a vibrant old-time music and dance community. His education in these old-time traditions was at weekly community-style square dances and numerous weekend and holiday social gatherings centered on the music and dance. His earliest group experiences were as a member of the Mill Creek Cloggers, and the Marlboro Morris and Sword team. He later went on to perform with



EMBE Marimba Band

Evergreen Community Charter Schools EMBE Marimba Band is not your ordinary middle school band. These 12- to 14-year-olds perform primarily on handmade Zimbabwean style marimbas, as well as on a variety of other percussion instruments. An EMBE performance includes singing and choreography.

The music played in the Marimba Program ranges from traditional songs of Zimbabwe, Guinea, and other African countries to rhythmically complex Latin tunes to Japanese folk songs, adaptations of classical pieces, popular rock 'n' roll standards, and original compositions by celebrity friends of the band or by the students themselves. evergreencs.com



2015 Montford Music & Arts Festival

Time Crunch

Time Crunch, an Asheville band of 14-15 year old musicians, play a mostly original set. And we mean original. But they also do Beatle covers and will surprise you! Mars Mignon, Luke Taylor, Mac Fisher. [youtube.com/watch?v=qiIOCWhgNo4](https://www.youtube.com/watch?v=qiIOCWhgNo4)



Emeline Scales

Emeline is an eighth grader at Asheville Middle School. She sings in the school chorus, and plays violin with the Asheville Youth Orchestra. She is self-taught on the piano and ukulele. Although she's only thirteen years old, Emeline is already an experienced entertainer, having performed at various events and venues around Asheville, including twice before at the Montford Music and Arts Festival, Isa's Bistro, Barley's Taproom, and at her church.



[youtube.com/channel/UC-67dieFmD9V2qBDzpA-KyQ/videos](https://www.youtube.com/channel/UC-67dieFmD9V2qBDzpA-KyQ/videos)

Cat Dragons

A few years back, George and Andy Pond were booked to host a weekly bluegrass brunch on Sundays at the One Stop Deli on College Street. Over the years, the Pond Brothers occasionally invited friends to sit in, and some started showing up regularly, so much so that this band was born. Never knowing exactly who would show on any Sunday inspired the band's name. Now, when everybody shows up, they call themselves the Cat Dragons.



Cat Dragons include resident Jason Krekel on fiddle and mandolin, Andy Pond on banjo, George Pond, who works in Montford, on bass, Ben Scales on lap-style resonophonic guitar, and Aaron "Woody" Wood on guitar. The music is pure Americana with bluegrass instruments in the styles of Johnny Cash and John Hartford.

Slo_gold

Slo_gold is a Jeff K'norr side project that fluidly shifts from '90s pop rock to more sample-based soundtrack music. For years, K'norr has played keyboards and sung backup vocals, as a sideman, all over Asheville, but now is his time to shine as a front man. This slo_gold appearance will be a live performance of the album that K'norr wrote and recorded at Collapseable Recording Studio between 2004 and 2008.



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2015 Montford Music & Arts Festival

Thank You New Sponsors of the 2015 Festival

Chiesa

Chiesa (kee-ay-sa) features fresh, simple, and local ingredients from farm neighbors. In addition to our regular fare, Chiesa will now be open starting at 2pm Thursday - Sunday for a Small Plates Menu. Enjoy a sunny afternoon on our newly opened patio with a glass of rosé and a cheese plate or Mediterranean ceviche.

Open Tuesday - Sunday for dinner, 5pm - 9pm (2-5pm Thursday - Sunday for Small Plates menu.) 152 Montford Avenue, chiesaaavl.com, 552-3110

History@Hand

History@Hand offers five unique walking tour experiences: Montford Historic District, Biltmore Village, Riverside Cemetery, Downtown architecture and history and The Family Store, which focuses on the history of Asheville's Jewish community and downtown businesses. A history revealed through stories and sites. Comprehensive and entertaining. history-at-hand.com, or call Sharon Fahrer at 777-1014 to schedule a tour.

Nine Mile Restaurant

Nine Mile is a casual full-service vegetarian-friendly restaurant and bar with two locations in Asheville. Caribbean-inspired pasta dishes, rice dishes, daily specials, and an array of locally made desserts. We carry a variety of local and microbrews and wine, and the West Asheville location serves an array of caribbean cocktails.

ninemileasheville.com

233 Montford Avenue, Asheville, 505-3121

751 Haywood Road, Asheville, 575-9903

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Tod's Tasties

Tod respects the seasons. We buy produce from our farmer friends. Our beef, pork, and eggs are naturally raised and sourced locally if possible. Tod makes all the pastry, bread, buns, biscuits, and bagels with NC-produced organic flour.

102 Montford Avenue, todstasties.com. Find us on Instagram ([todtasty](https://www.instagram.com/todtasty)) and Facebook (Tod's Tasties). 582-2149.

UNC-Asheville

1 University Heights, Asheville, NC 28804, 251-6600, unca.edu

UNC Asheville is distinctive in the UNC system as its designated liberal arts university. Our practice of the liberal arts emphasizes the centrality of learning and discovery through exemplary teaching, innovative scholarship, creative expression, co-curricular activities, undergraduate research, engaged service, and practical experience. UNC Asheville is primarily undergraduate, with all programs of study leading to the bachelor's degree, with the exceptions of teacher licensure programs and the master's degree in Liberal Arts and Sciences (MLAS).

1900 Inn on Montford B&B

Ron & Lynn Carlson, 296 Montford Avenue, Asheville, 800-254-9569, innonmontford.com

The 1900 Inn on Montford is a AAA Four-Diamond Bed and Breakfast Inn located in the heart of Asheville's Montford Historic District. Our inn exemplifies the style of one of Asheville's most famous society architects, Richard Sharp Smith, supervising architect of Biltmore House. We feature live music on Saturday nights during social hour with local musicians playing a mixture of bluegrass and mountain music.

Frugal Framer

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Montford: 95 Cherry Street North, 258-2435

Arden: 2145 Hendersonville Road, 687-8533

Festival Volunteers Needed

There is no better way to support your neighborhood, than volunteering at the Montford Music and Arts Festival! The event will be held Saturday, May 16 and we need volunteers from 7am all the way until 9pm. Volunteers are needed for a variety of tasks from monitoring a barricade or passing out flyers, to running the silent auction booth or picking up trash; plus much more. We have over 7 shifts to fill which means we need you!! We are still in need for people with pickup trucks to help with delivery and return of equipment to the Montford Center. To signup contact Kim Kennedy at kkennedy@ashevillenc.gov or at 253-3714. You can also go to www.signupgenius.com and view what shifts are available. Directions on how to log on are posted on the montford.org website.

| | | | | |
|---------------|----------------|--------------|--------------|---------------|
| 2 | 153 | 181 | 45 | 29 |
| 21 | 333 | Houston Pl | Ocala St | Tacoma St |
| 31 | Cumberland Ave | 5 | 15 | 64 |
| Arborvale Rd | 56 | Jane St | 300 | 163 |
| 25 | 61 | 27 | Pearson Dr | Tacoma Cir |
| Bearden Ave | Elizabeth Pl | Madison St | 36 | 30 |
| 42 | 176 | 75 | Richie St | Watauga St |
| Birch St | 265 | Magnolia Ave | 37 | 162 |
| 7 | 52 | 1 | Rosewood Ave | 83 |
| Bishop Pl | Gray St | Melbourne Pl | 16 | 55 |
| 28 | 22 | 291 | Short St | W Chestnut St |
| Blake Ave | Hibriten Dr | 152 | 18 | 49 |
| 125 | 59 | 139 | Starnes Ave | 90 |
| Cherry Ave | 51 | 148 | 11 | 95 |
| 34 | Houston Ave | Montford Ave | 14 | Westover Dr |
| 48 | 51 | 148 | 14 | 3 |
| 146 | Houston Ave | Montford Ave | Sylvan Ave | Woodlawn Ave |
| Courtland Ave | Houston Ave | Montford Ave | Sylvan Ave | Woodlawn Ave |

Montford House Number Tour Results

Joseph Murphy, Puzzling Contributor

Thanks to all Montsolvers who braved this April's elements, we received plenty of street-matched house numbers by the deadline. But we apologize for the short, well-showered touring season, which we will renegotiate next year.

The posted first-prize answer was sent in by Caitlin and John, and you'll soon see a new Montford Banner as you tour by their place on Pearson. Second prize was 2 seats for 1 on the LaZoom—Montford Festival Donation Tour. Those seats will be warmed by the Fosters from Courtland Avenue. Sharon and Vic on Montford (did someone say tour?) can visit the Montford Music and Arts Festival and select a Festival poster for their 3rd place prize.

No new puzzle this month, but more ahead. We'll manage a crossword somehow, but we definitely need more ideas. So if you have an idea for a Montford puzzle involving the neighborhood, or its neighbors, or its history, please write to us at montpuzzle@yahoo.com.



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Community Center News

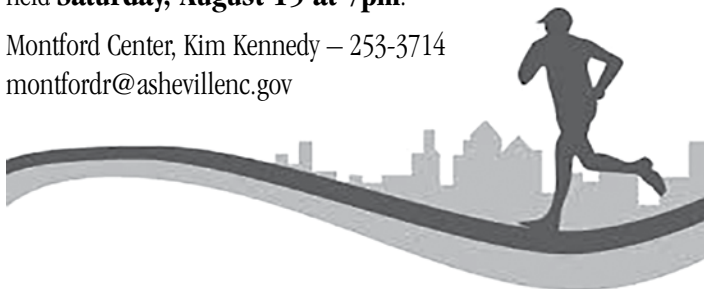
Kim Kennedy

The **Montford Playground Program** is a great place for your child to have fun this summer. The program meets weekdays **June 15-August 13**, 8:30am-5:30pm and provides a full day of activities for your rising 1-5 grade child. Cost is \$40 per week for first child; \$30 each additional. Reduced fees available for youth who receive free and reduced lunch at school. Lunch, snack, and drink provided via Buncombe County Nutrition Program. Pre-registration is required and we are filling up fast.

Another great program this summer is the **Beyond-the-Page Comic Camp** for 8-12 year olds. This program meets weekdays **August 3-7**, 8:30-5:30pm at the West Asheville Park for \$50 per child. We will explore the world of comics and cartooning and create characters and adventures. Participants will focus on comics as an art form and learn about character and story development through creative games, activities, and guest speakers. Youth should bring swimsuit and towel each day for water activities.

Mark your calendar for this year's **Hot August Night 5K** to be held **Saturday, August 15 at 7pm**.

Montford Center, Kim Kennedy – 253-3714
montfordr@ashevillenc.gov



Resource Directory

Advertise in the Resource Directory

Send a brief description (30 words or less) and contact information. **More than 1,500 newsletters** are distributed monthly throughout the neighborhood and are also available on the **Montford website** and at the Pack Memorial and North Asheville Public Libraries. Call 258-2207 for more information.

House Histories

Learn the story of your house. Who lived there, who owned it and what they did for a living.

- For more information call Sharon at 777-1014

Historic Walking Tours

For by-appointment walking tours of historic Montford, Riverside Cemetery, and downtown Asheville, call 777-1014. A self-guided CD or downloaded MP3 tour of Riverside Cemetery is available online at www.history-at-hand.com Cemetery tour CDs are also available at the Chamber of Commerce Visitors Center or by calling the number above.

Daoist Traditions College of Chinese Medical Arts

- 382 Montford Avenue • 225-3993 (school)
 - 253-8669 (student clinic)
 - www.daoisttraditions.com
- Low cost acupuncture care at our student acupuncture clinic. Call for more information.

Hansen Stiles And Associates

- 117 Cherry St • Asheville, NC 28801 • 255-5227
- Montford Residents Investment Company on Cherry Street—Financial Planning Consultants, Investment Securities

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- Ira Friedrichs • 545-5503 (NEW cell) • irafriedrichs@gmail.com
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- Call your neighbors, Leslie and David Humphrey 277-5164

Ask Away!

Dear Kelli,

I have a new neighbor that just moved in. What crystals should I give them for good spiritual balance and health? - Sunset H

Dear Sunset H,

Ah, scrap the traditional Jell-O mold or casserole and really welcome your neighbor to Asheville! Angelite (blue anhydrite) is said to balance, polarize, and align the physical body with the Aura or ethereal network. This should be exactly what you need

for spiritual balance. Often, once large aspects of your life are balanced, the rest will fall into place! As far as health, it seems that there is a great number of crystals that have various healing properties, but most focus on an energetic/cleansing/aligning module. Perhaps a book on the healing powers of crystals should accompany the stone you choose, as there is quite a bit that goes into the use of crystals (clearing, programming, etc.) that a newbie might find helpful. There are also many resources in Asheville for more information on crystals and gemstones, including Points of Light, Cornerstone Minerals, and Enter the Earth.

MAY 16 MUSIC AND ARTS FESTIVAL—THE DETAILS A SORT OF FAQ WITHOUT THE QUESTIONS

Music

Read this newsletter for who, what, and where.

Arts

The juried artists will be grouped together. Awards will be presented in the course of the festival. You'll find other arts and crafts throughout the festival.

Food and Drink

Note: This is an alcohol-free event.

Wherever you walk throughout the festival, you'll find food and drink offerings. Lemonade, ice cream, caramel corn, and the FOOD TRUCK COURT on Soco will provide lots of great fare. Support your local food truck!

Dogs

The City of Asheville prohibits pets and other animals from outdoor special events. Please do not bring your pets to the festival. Service dogs are an exception.

If you do have your dog with you at the festival, Brother Wolf Doggie Daycare will be available on Waneta Street. Check in your dog for a donation of \$5 an hour, with a two-hour maximum stay. Thank you for understanding.



Bicycles

Asheville on Bikes will have an area to park your bike for free. They'll be watched over with care. Thanks, Asheville on Bikes.



Special Children's Area on Soco

This year, we have several organizations who will aspire to make this festival memorable for the kids. Be sure to visit the creative opportunities, brought to you by Odyssey Community School, Make A Wish Foundation, Montford Community Center, Irene Wortham Center, Ashebots Robots, and others.

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A Glittering Fragment of a Rainbow

Marci Spencer

She returned home alone and hungry. Travelling over 500 miles from winter home to summer residence, she needed food. Holding her 3½-inch body erect and hovering like a miniature helicopter, she tilted her head forward, slipping a needle-thin bill deep into an azalea blossom. Her forked, dual-chambered tongue eagerly sipped the sugary nectar; its bristled edges scraped in tiny, protein-rich insects to rebuild strong muscles, bones and feathers.

Sip, zip and jab, she darted methodically from blossom to blossom. Although she lacked the ruby-red throat patch, or gorget, of the male who had returned home a few days earlier, the female's iridescent green feathers shimmered in the morning light. The ruby-throated hummingbird's beautiful flash of color, John James Audubon once said, is like a "glittering fragment of a rainbow."

The flower's rich sugar provides fuel for energy. Consuming half her weight in sugar a day, a hummer eats often. Comparing her required daily caloric intake to that of an average-sized human being, she must consume 155,000 calories a day.

Hummingbirds hawk insects on the fly, snatch them from tree trunks or steal them from sapsucker-wells. Sapsuckers drill holes deep into a tree's bark where sticky sap collects and traps insects for dinner. Buzzing mid-air outside a bored cavity, a hummer helps herself to a course of helpless insects. No other bird species can match the aerodynamic skills of a hummingbird. Adaptive changes over the years have perfected her wing design to match her lifestyle: eating, drinking and even bathing, on the wing. Thin, flat wings have an angled leading-edge like the high-speed, swept-back wing of a falcon.

A strong down-stroke creates lift and forward speed for most birds. Hummers are different. Slow-motion photography has shown that hummingbirds flap in a rolling figure-8 motion: flapping down in a front-stroke, and then, flipping the wing over like a pancake, for

the backstroke. Both front and backstrokes generate lift and power. That's why she can hover and fly backwards, sideways, vertically up and straight down. That's how she maintains over 50 wingbeats a second (or greater if she's agitated.) Tilting her wings, like blades on a helicopter, move her forwards or backwards.

In the fork of a slender maple tree branch, overhanging a small pond, the female builds her nest. Crafting her tightly-knit, 2-inch wide nest for nearly ten days, she carries tufts of downy material from nearby cinnamon ferns and other plants. Spiders and caterpillars donate silk webbing. Pine trees offer resin. Disguised as a knot on a log, the tiny cup is covered with moss and lichens. When an early spring freeze temporarily halts the seasonal progress, she spends the cold night in a state of torpor. Reducing her heart rate to conserve energy, she waits for warmer weather.

An elaborate courtship display from a male ruby-throated suitor attracts her attention. After mating, her mate's domestic duties are over. Like a single mom, she will devotedly incubate her two white eggs for 2 weeks while feeding herself and will raise her nestlings on her own. The young will fledge in about 3 weeks. By early October, ruby-throated hummingbirds start making their journey south.

Plant flowers, such as bee balm, fire pink, paintbrush, cardinal flower and trumpet creeper, to attract hummingbirds. Position nectar feeders away from windows. A hummer's head-on collision, like this guy in the photograph experienced, usually just stuns the tough, spunky little hummer. Lift him up to a protected spot for a breather. Chances are, he'll zip away shortly to find a more productive blossom this time!



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Historic Resources Commission of Asheville and Buncombe County
 Tentative Agenda, May 13, 2015 , 4pm

New Business
 Montford
 45 Short Street—Rehabilitation of existing house, including replacement of asbestos siding with new material

Local Landmark
 Parker-Patton House—Installation of new surface parking and landscaping; construction of new accessory apartment building

Montford Action Agenda, April 8, 2015

Item and Summary and Action
 23 Courtland Avenue – Amendment to shift, add, and restore windows and doors and to construct a skylightApproved
 42 Cumberland Avenue – Amendment to increase setback, remove stair on south elevation, and removal of two trees along the south boundary of the property.....Approved with the exception of tree removal

Visit ashevillenc.gov for the full approved minutes after the following month's meeting.
 Contact Stacy Merten: 259-5836

Newsletter Volunteer Opportunity

We are looking for a **Montford Newsletter Editor**. Fantastic way to make a difference in your neighborhood. Think about it, and call or write Joan Miller, 650.966.1957 or JoanAdrienne@gmail.com. The transition will be gentle

Montford Neighborhood Association Meeting

Tuesday, April 21, 2015

The Montford Neighborhood Association held the regularly scheduled monthly meeting on Tuesday, October 21, 2014 at 7pm at the Montford Community Center on Pearson Drive. In attendance were MNA board members Brian Elston, President, Michael McDonough, Vice-President, Susan Eggerton, Treasurer, David Patterson, Secretary, and at-large board members Joan Miller and Daphne Young. There were 10 total in attendance for the meeting. Brian Elston, President, called the meeting to order at 7pm.

Safety and Security

Asheville Police Officer Brigman gave the CRO report for Montford. Residents asked questions about breaking and entering reports in Montford. Officer Brigman researched crime statistics and reported 16 B&E (mostly in Klondyke) and three vehicle thefts occurred in the past six months.

Officer Brigman also reported that he has spent much of the day walking the property behind the Chamber building with Duke representatives trying to address the homeless population on the property.

Reminder: To report any suspicious activity, call the APD at 828-252-1110. Dial 911 for true emergencies. Officer Brigman's contact info is tbrigman@ashevillenc.gov or 828-777-0455 (cell)

Treasurer's Report

Susan Eggerton gave the MNA financial report showing increased funds due to upcoming festival.

Montford Banners

Sales of the new Montford banners are going well. Available for purchase in three different color schemes, banners are \$40. For more info, contact David Patterson at 252-5348, montford33@bellsouth.net

Festival Update

Kim Kennedy, Montford Center Director, gave an update on the need for festival volunteers. Board member Daphne Young reported on Festival fundraising and Montford Challenge efforts.

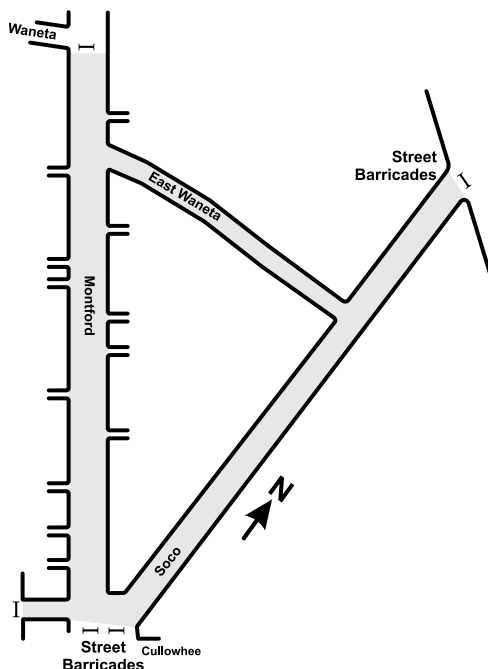
Duke Energy/Issac Dickson School

There was a brief discussion of the proposed Duke Energy substation to be built on the former Montford Commons property behind the Chamber building and potentially close to the new Issac Dickson School. The group will monitor the project and make inquiries with the City.

Meeting adjourned.



FESTIVAL STREET CLOSURES SATURDAY, MAY 17



Montford's 12th Annual Music and Arts Festival is less than three weeks away. These streets will close at 7am Saturday, May 16 and reopen at 10pm:

- Montford Avenue between Cullowhee Street and West Waneta Street
- Cullowhee Street between Montford Avenue and Pearson Drive
- All of Soco Street
- All of East Waneta Street

Please remove vehicles parked on these streets Friday evening, if possible, or by 7am at the latest Saturday morning. No driveways will be blocked in the event of an emergency. Use Cumberland Avenue and Pearson Drive as alternate routes.

Put on your best face for the festival, please. Clean sidewalks and curbs. We'll have several thousand visitors in attendance.

If you have questions, contact Festival Director Ben Scales, 225-4840 or David Baker, 279-3160.

Montford Neighborhood Association Board Meeting Minutes

Thursday, March 26, 2015

The Board of the Montford Neighborhood Association met at the residence of board member Joan Miller located at 28 Arborvale at 7pm, Thursday, March 26, 2015. MNA Board members present included Brian Elston, President, Michael McDonough, Vice-President, David Patterson, Secretary, Susan Eggerton, Treasurer and at-large board members Ross Terry, Joan Miller, Daphne Young, and Ellen Nutter.

Brian Elston, President, called the meeting to order.

2015 Budget The group finalized discussion of the 2015 budget begun at the October 29 meeting. A motion was made and seconded to approve the budget as presented. Motion passed.

Treasurer Report Susan Eggerton gave the financial account summary for the previous month.

Special Projects Several projects were discussed for funding by MNA. Among those approved for funding were

- \$2500 over 5 years for design and implementation of landscape plan for the Waneta/Montford lot owned by HRC. Amount includes up to \$300 for initial plan development.
- \$1500 for plantings/landscaping once Montford/Soco intersection is complete. Also possible bus shelter funding was discussed.
- Funds toward a possible greenway through Duke Energy property were also considered.

Miscellaneous The group also agreed to post meeting agendas on Montford listserv prior to community meetings. There was also discussion of canceling monthly meetings if there were no agenda items.

Meeting adjourned.



Alternatives to Pesticides

Join the Asheville Alternatives to Pesticides Coalition for a free, four-part workshop series at Lenoir Rhyne University on Montford Avenue on the last Friday of the month, 6-9pm. Light refreshments will be served.

- May 29: Towns That Are Reducing Their Pesticide Footprint
 - June 26: It All Starts At Home: Alternatives to Chemical Pesticides
- Phyllis Stiles, Director, Bee City USA, beecityusa@gmail.com
beecityusa.org, 545-4282

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In addition to my work as a real estate broker, I have a separate historic preservation consulting business that I have owned and operated in Asheville for thirty years. Being a long-time Montford resident, I am very familiar with this community, and what it means to own a home in this incredible neighborhood! Buying or selling, I'll be there every step of the way.



Montford is published monthly by the Montford Neighborhood Association, P.O. Box 7181, Asheville, NC 28802 for the residents of Asheville's first historic neighborhood. The newsletter is distributed by more than 50 volunteers. Staff: Editor—Joan Miller, JoanAdrienne@gmail.com, (650) 966-1957. Layout and Design Specialist—Ross Terry, ross@krtdesign.com, 230-7439. Advertising Manager—Joyce Thornburg, joyce-thornburg@att.net, 301-9919. Assistant Editor—Jenny Wilker. Circulation Manager—William Saupe, aws@anchorlaw.com, 907-952-1809. We welcome articles emailed by the 20th of the month to Joan Miller. We also welcome advertising arranged with Joyce Thornburg and emailed by the 20th of the month to Ross Terry.



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