



# Montford Residents Offer \$1000 Challenge

Montford residents Hernán and Lou Ann Navarro have offered, for the third year in a row, to match up to \$1000 in donations from Montford neighbors and friends. Hernán and Lou Ann have been a huge support of the Montford Music and Arts Festival, this year on May 16. We appreciate the Navarros.

Let's join together again to meet the challenge, and exceed our goal. Any amount you donate will help, no matter how small. It all adds up! Please take advantage of this opportunity to invest in your neighborhood.

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### We Need Volunteers

### Montford Music and Arts Festival

#### Kim Kennedy, Festival Volunteer Coordinator

#### Dear Montford Neighbors,

We are again looking for volunteers to help with this year's festival Saturday, May 16, 10am-7pm. We have some new pre-event jobs, so I'm appealing to you earlier this year. If you have volunteered before, check the link I sent you in a recent email, and sign up for a shift.

If you are new to the **signupgenius.com** volunteer signup program, I would be happy to send you the link or even take your volunteer information over email or the phone. Whatever is easy for you! Pre-festival we need helpers to pass out flyers on cars and on sign poles. The day of the festival, jobs include manning barricades, serving at the welcome booth or the silent auction booth, picking up trash and doing festival cleanup, checking in vendors, vendor space marking, and setup and cleanup.

## Looking for Angels With Trucks and Trailers

One of the most difficult tasks is the truck convoy spots. We need individuals with a



truck or trailer to pick up tables, tents, and other equipment and bring them to the festival grounds Saturday morning by 7am (pick up equipment Friday night and store at your home if possible) and we need people with trucks to pick up the same equipment on Saturday night after the festival and deliver it back to Montford Center.

Volunteering is a great way to give back to your Montford community. Stand up and show how proud you are to be a member of this vibrant community and sign up to help today!

Kim Kennedy, Montford Center Director 34 Pearson Drive, Asheville. 253-3714 or 552-1888. KKennedy@ashevillenc.gov



## J CALENDAR <sup>₿</sup>

#### MONTFORD NEIGHBORHOOD ASSOCIATION MEETINGS

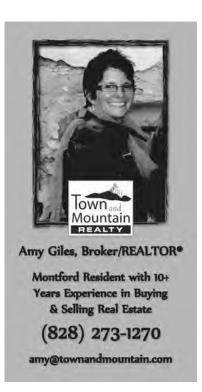
- Third Tuesday of every month, Montford Community Center, Pearson Drive.
- Next meeting: **April 21, 2015**, 7pm. Watch the list serve for agenda items. All residents are welcome. Everyone in Montford is a member of the

neighborhood association.

## SUNDAY ENGLISH COUNTRY DANCES

- April 19
- May 3
- May 31

19 Zillicoa Street, 4-6:30pm; \$6/\$5 (for Old Farmers Ball members). Beginner's session, 3:30pm. Mostly first and third Sunday afternoons. **Check schedule for changes**. Oldfarmersball.com, 230-8449. Caller with live music. Newcomers welcome; dress comfortably with comfortable shoes; fragrance-free



#### Alternatives to Pesticides Workshops Phyllis Stiles

Remember a century ago when all food was organic? (It's OK if you don't remember personally!) Rampant pesticide use has put the monarch butterfly's existence at risk, and caused worrisome declines among all pollinators. Adverse impacts on humans are also well documented. Want to learn about alternatives to pesticides and how towns are adopting new pesticide policies and practices?



Join the Asheville Alternatives to Pesticides Coalition for a

free, four-part workshop series at Lenoir Rhyne University on Montford Avenue on **the last Friday of each month, 6-9pm**, beginning in March. Light refreshments will be served.

- March 27: Dream of a Toxic-Free NC
- April 24: Pesticides Kill More Than Pests: Keeping Bees & Other Wildlife Safe
- May 29: Towns That Are Reducing Their Pesticide Footprint
- June 26: It All Starts At Home: Alternatives to Chemical Pesticides

Phyllis Stiles, Director, Bee City USA, beecityusa@gmail.com beecityusa.org, 545-4282

### **Community Recreation News** Kim Kennedy

Hop on over to Montford Park on **Saturday, April 4, 11am for our annual Easter Egg Hunt.** Tattoos, goodie bags and a visit with the Easter bunny are all part of the fun. Don't forget your basket! This FREE event is sponsored by the Montford Neighborhood Association and Montford Community Center.

Bring your cash and take advantage of some fantastic deals at our **annual Spring Community Yard Sale on Saturday, April 11, 8am-1pm**. We have over 50 tables of great merchandise including glassware, books, prom dresses, furniture, baby items, electronics, tools, and more.

Youth 3-7 years will enjoy our **NEW Bug Buddies program, Mondays, April 13 and 20, 4-5pm** for just \$10 per



child. Youth will explore the world of creepy crawlers through games, crafts, stories. Preregister by Thursday, April 9.

Register for the **Summer Playground Program** this month. Rising first graders to fifth graders will enjoy this active program featuring games, special events, crafts, field trips, and enrichment activities. Cost is just \$40 per week; \$30 each additional child. Register online at ashevillenc.gov. Don't have a child to register, then consider sponsoring a child for a week.

For more information on the Montford Community Center, call Kim Kennedy at 253-3714.



### **Care & Feeding Of Pollinators**

**Phyllis Stiles** 

### "To a bee, a flower is the fountain of life. And to the flower a bee is a messenger of love."

Khalil Gibran, "The Prophet" (1923)

Bees, beetles, and butterflies emerge in spring with huge appetites. They've been hibernating over the winter as a pupa or an adult just waiting for sunny days to herald a fresh new year. Since, with few exceptions, most of them live only weeks rather than months or years, they didn't know if winter would ever end, as it's their first and only winter.

The winter survivors must lay eggs to ensure the future of their species. If they are butterflies or moths, they will carefully select the plant that will host their eggs—a plant that will provide the leafy nourishment their caterpillar will need when it hatches. If it's a queen bumblebee, she will find a protected dry patch of ground, perhaps under a native grass plant, to build her colony of 500-600 bees. She will make little wax pots and provision each one with nectar and pollen and then deposit her egg on top of the food before sealing the pot.

A honeybee worker will make up to 12 foraging trips a day to collect her body weight in pollen or nectar each trip. She will return to her colony where a



Coneflower

receiving worker bee will take the pollen or nectar load and pack it into a cell in the honeycomb. In western North Carolina, she must collect as much as possible in spring before our trees (maple, willow, holly, gum, fruit trees, locust, tulip poplar) stop blooming.

Make your yard a delicious buffet bar for pollinators throughout the growing season. Here are some easy-to-grow native perennials rich in pollen and nectar. When planting, place a labeled Popsicle stick or other marker near the plant, so you don't forget it's there next

spring!

### **Spring**: Purple coneflower (Echinacea purpurea), Phlox (Phlox

divaricata or stolonifera). Blue wild indigo (Baptisia australis)

Summer: Milkweed (Asceplias incarnata, syriaca or tuberosa),

Beardtongue (Penstemon digitalis), Cutleaf coneflower (Rudbeckia laciniata), Dense blazing star (Liatris spicata), Bee balm (Monarda didyma)

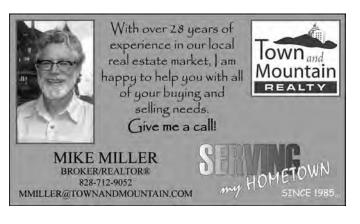
Fall: Aster (Symphyotrichum species), Goldenrod (Solidago Canadensis), Joe-pye weed (Eupatorium fistulosum)

Go to beecityusa. org/resources to find an annotated list of recommended species that are native to the



greater Asheville area, including common and Latin names, bloom time and color, height, growing conditions, associated pollinators, and nurseries that sell the plants.

If you would like to volunteer during a workday at a pollinator garden, contact beecityusa@gmail.com.







252.6244 ashevillemusicschool.com



Montford's Massage Therapy Studio 25% Off for all new clients! 828-225-5825 unityhealingarts.com 15 Zillicoa St. 7days a week

## **2015 Montford Music & Arts Festival**

### **2015 Montford Music and Arts Festival Sponsors**

David Baker, Festival Fundraising Committee Chair

Thanks to our many sponsors. Please support these businesses, as they support our neighborhood!

**The Bunn House** An idyllic boutique inn where you will experience downtown charm amidst historic surroundings. Built in 1905 as a family home, the Bunn House has evolved into inspired luxury. Five spectacular rooms with spa-like bathrooms. Immaculately landscaped grounds featuring a small vineyard, fireplace, and patio with large tables from the very trees milled from the property. Unwind with a glass of wine while savoring the sunset on our rooftop terrace. Plan your wedding or special holiday while relaxing on your private balcony.

15 Clayton Street, 333-8700, bunnhouse. com, email: info@bunnhouse.com

**Hickory Nut Gap Farm** Fairview, North Carolina, 628-1027, Hallie@ hickorynutgapfarm.com

Hickory Nut Gap Farm is a fourthgeneration family-run farm specializing in 100% grass-fed beef, pasture-raised pork and chicken, and organic fruits. Our mission is to connect sustainable agriculture practices, our family history, and our customers by sharing the family farm experience and serving as an example of healthy land stewardship. Our farm store is open year round Tuesday-Saturday, 10am-5pm and Sundays,12 noon-5pm. Open 7 days a week from 9am-6pm, September and October (apple/agritourism season).

## **The Hands of Sean Perry Co**. 258-7272, seanperryinc.com

We specialize in renovations and additions to Asheville homes and commercial properties in historic areas including Montford, Grove Park, and Kenilworth, as well as surrounding areas. Our clients choose us because of our vast experience in renovating historic properties, craftsmanship, and attention to detail. Our clients can rest assured our projects are well-planned, professionally managed, and properly completed—we provide a concise, stress-free experience. Let's collaborate!

Chinese Acupuncture and Herbology Clinic 369 Montford Avenue, Asheville, NC 28801, 258-9016; 206 Chadwick Avenue, Hendersonville, NC 28792 (828) 698-3335; and 442 Walnut Street, Waynesville, NC 28786, (828) 452-9699, ashevilleacupuncture.com.

"We recognize the uniqueness of your healing journey and are honored to walk this path with you. It is our intention to always demonstrate faith in your ability to heal physically, emotionally, and spiritually."

**828:design** 32 Broadway, Suite 120, Asheville, NC 28801, 254-9200, 828design.com

828:design is a full-service graphic design studio creating for interactive media and print. We're about building relationships and delivering results. Passion for innovation and creativity, strong work ethic, professionalism, and diverse experiences with a reputation for results are what sets us apart.

#### Asheville Racquet Club/Adelaide

We want the Asheville Racquet Club Downtown to be your home away from home where families can make memories that last a lifetime. The ARC Downtown is located on 125 rolling acres, just minutes from downtown! We have indoor/outdoor tennis, a state of the art fitness center with group fitness classes, an indoor salt water pool with Jacuzzi, steam room, outdoor swimming pool, walking/jogging trails, beautiful locker rooms with showers, free wi-fi, a 9-hole golf course, and 20% off at Adelaide Spa and Salon year around for members.

Harpe Laser and Wellness provides non-invasive cosmetic laser and skin rejuvenation treatments inside Adelaide Spa and Salon. Owned and operated by a licensed physician, Dr. Charles Harpe, Harpe Laser and Wellness offers advanced, resultsoriented skincare solutions.

Asheville Dental Wellness. The office of Dr. Scott Peele has repeatedly been voted one of the best dental practices in WNC in the local Mountain Express. Our goal is to provide you with the very best dental service in a relaxed, modern, caring environment. We believe our patients should be treated with the respect, friendliness, care and skill they deserve. We've invested in the latest technology to make dental procedures painless and efficient, from routine exams, cleanings, and fillings, to restorative and cosmetic work. We take the time to listen and explain treatment options to help you achieve a beautiful, healthy, and natural smile. Simply put, we strive to make a positive difference in the lives of the patients we serve. ashevilledentalwellness.com, 274-4747.

Henco Reprographics 54 Broadway St. Asheville, NC 28801, Phone: 253.0449 Fax: 828.251.2266 hencorepro.com. We strive to provide the best customer service and it's what differentiates us from our competition. Henco has grown into a complete digital print shop capable of producing the largest volume of plans and specs in WNC. Additionally, we have an extensive graphics department producing marketing materials, including banners, posters, brochures, and flyers. With our hands-on approach, we work hard to ensure each job is done the same, no matter what size or how detailed the job.

## **2015 Montford Music & Arts Festival**

#### **Great Beginnings Pediatric**

**Dentistry**. Whether you just need a regular check-up, or more sophisticated dental treatment, our Board Certified Dentists at Great Beginnings Pediatric & Orthodontic Dental Specialists will strive to understand your needs and surpass your expectations. We look forward to brightening your smile with the same attentive care, gentle technique, and conscientious service we've given to thousands of satisfied visitors. greatbeginningspedo.com

Asheville location: 10 Yorkshire St, Suite B, Asheville, NC 28803, 552-5353

Waynesville location: 50 Bowman Dr, Suite C, Waynesville, NC 28785, 564-1333

Nathan Snider, CPA Providing personalized, proactive accounting and tax services to individuals and small businesses in the Asheville area. Our belief is that our clients deserve the kind of assistance in their business and personal financial decisionmaking process that can only result from in depth knowledge of the client's situation and prompt responses to the client's questions. Our ultimate goal is the development of a comprehensive strategy to maximize tax planning opportunities and minimize the costs of tax compliance. ashevilleaccounting.com, Email: nate@ ashevilleaccounting.com, Office: 484-8458, Mobile: 337-8188

LaZoom Tour Company "A City Tour with a Twist" 90 Biltmore Avenue, Asheville, NC 28801, 225-6932, lazoomtours.com.

"Hop on LaZoom's iconic purple bus and find the funny side of Asheville. Our city-wide afternoon and evening tours are historical and hysterical, featuring outlandish comedy skits, entertaining tour guides, and much more. You have never taken a tour like this before — it's a show on wheels! So grab your favorite beverage (or a local Asheville brew) and do what the locals do . . . Get on the Big Purple Bus! LaZoom also offers Haunted Comedy tours." Phoenix Possibilities Inc. works with mission-driven organizations to create Docutrainings® and other programs for large-scale social change, impacting the safety and wellbeing of vulnerable and at-risk populations. We also teach our Cliff Jumping® Program to entrepreneurs and organizational leaders. All of our work catalyzes the best self in people through teaching skills of personal risktaking for expanded impact. Phoenixpossibilities.com, Lucy@phoenixpossibilities.com. 843-819-9724.

**FLS Energy** 130 Roberts Street, Asheville, 350-3993, info@flsenergy.com. flsenergy.com

FLS Energy is a full-service solar energy provider that owns and operates a portfolio of solar energy assets throughout the U.S. Our development team takes a project from conception to commissioning and offers complete in-house system design, engineering, construction, financing, and turnkey project development. The FLS Energy mission is to make solar mainstream. We are committed to building a scalable and sustainable business model that values the contributions of each of our employees while remaining good stewards of the world in which we live.

Sid Border Realty Since 1974... the ERA Sunburst Realty team has been selling real estate in western North Carolina and now with the power of ERA Worldwide we continue to show our commitment to providing the best in customer service, market knowledge and technology. We've always been committed to our communities and to the simple credo that a positive attitude and the desire to keep learning will lead to success. ERA Sunburst Realty has 8 agents who have been awarded "Realtor of the Year" by their board. We are very proud of that honor by our peers! There is not another office that even comes close! We know our market. We embrace technology. We work hard and with world-class scenery and recreation in our back yard, we play

hard. Whether it's a snazzy condo in downtown Asheville, a rustic cabin looking up at Cold Mountain, a green-built new home or a historic charmer, ERA Sunburst Realty has you covered. With offices in Waynesville and Asheville, we are uniquely positioned to help you find your mountain home or investment in a fun, relaxed atmosphere. 456-7376, info@sunburstrealty.com

**Avenue M** is a neighborhood restaurant and bar in the heart of North Asheville where the locals EAT.DRINK.GATHER. Our diverse menu has something for everyone. 14 taps, great wine list, and tasty cocktails. Our porch is dog friendly. Open for dinner Tuesday - Saturday 5pm. Open Sunday for brunch 10-2 and dinner 5-9pm. 350-8181, Closed Mondays. 791 Merrimon Avenue, Asheville. 350-8181. avenuemavl.com

**Lenoir-Rhyne University** was founded in Hickory, NC in 1891 and has been offering graduate education for more than 50 years. In 2012 the Center for Graduate Studies of Asheville was established to provide excellent graduate education that develops innovative leaders prepared to serve the current and future needs of western North Carolina and beyond. More information is available at asheville.lr.edu. asheville.lr.edu, 407.4263, elisa.jacobs@lr.edu

**Webb Insurance** is a full service independent insurance agent providing all lines of insurance including auto, home, life, health, disability, long-term care, and all line of business insurance. Started in 1925, we are passionate about being our client's trusted advisor for all their insurance needs. Contact us at 258-2663 or webbins.com.

John F. Webb, CIC, President, 210-7126 direct, 215-2042 cell.

**The Eye Center** situated on the exterior of the historic Grove Arcade, on O. Henry Street facing Montford, THE EYE CENTER continued on page 6...

## **2015 Montford Music & Arts Festival**

## Sponsors

Continued from page 5...

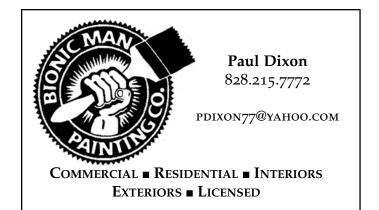
and Dr. Paul Endry provide comprehensive eye care for all ages. We accept most insurance plans and can provide one-day turnaround on eyeglasses and contact lenses. Fashionable frames, hi-tech retinal imaging and much more. 253-3533, SeeingAsheville.com

**Greenlife Grocery** full service, community-oriented grocery store, selling the highest quality natural, local and organic products. The products we sell must meet our rigorous standards. From basic ingredients, to farm animal welfare, seafood sustainability, body care, cleaning products and more, trust us to do the research so you can shop with peace of mind. Open daily 7:30am-9pm, 70 Merrimon Ave, Asheville, 254-5440.

### Sponsors From March— Thank You

**98.1 the RIVER** (WOXL-HD2) is about the album, the artist, and the music, playing 30 years of tracks from established superstars. The RIVER's never-ending mission is to serve Asheville's musically adventurous adults that live independently of the masses. Visit 981theriver.com, or contact 98.1 the River Brand Manager, Neal Sharpe.

at 210-8580. 98.1 The River—Where Different Is Good.



## **Bionic Man Painting** 215-7772, pdixon@vahoo.com

Our mission is to provide safe, consistent, and somewhat interesting work for our employees/workers to build their present and future upon. And to do what we say, when we say, the way we say we are going to do it.

**Duke Energy Progress** —555 Brevard Road, Asheville, Customer Service – (800) 452-2777, Power Outages – (800) 419-6356, progress-energy.com

**Early Girl Eatery** 8 Wall Street, downtown Asheville. 259-9292, earlygirleatery.com

We are open 7 days a week, serving breakfast (all day), lunch, and dinner. We specialize in Appalachian favorites including pan-fried mountain trout with pecan butter for dinner, and biscuits with vegetarian herb cream or smoky bacon gravy for breakfast.

**Grayline Trolley Tours of Asheville** po box 2115, Asheville, 251-TOUR (8687), GrayLineAsheville.com. There is no better way to discover what Asheville has to offer than on a Gray Line Trolley Tour. Hop on board one of Gray Line's nostalgic RED trolleys for a fully narrated journey, highlighting the history, homes, and hotspots of this city of surprises.

**Hotel Indigo** living the neighborhood dream. Hotel and Luxury suites, private condo ownership with views of the city and mountains. Uniquely personal. Thoughtful. Unexpected. Delicious. Come discover our inspired service and fresh design. 151 Haywood St., Asheville, NC 28801, Hotel: 239.0182 direct,

boutiquehotel-asheville.com

**Mountain Song Guitars** specializes in the construction of hand-crafted, built-to-order, steel string guitars of the finest quality. Luthier and owner, Ken Jones, also repairs and restores modern and vintage instruments with a keen eye towards archival integrity. Ken also provides instruction on any or all of the many aspects of modern steel string construction. 318.2853, mountainsongguitars.com





### Montford House Number Tour Joseph Murphy, Puzzling Contributor

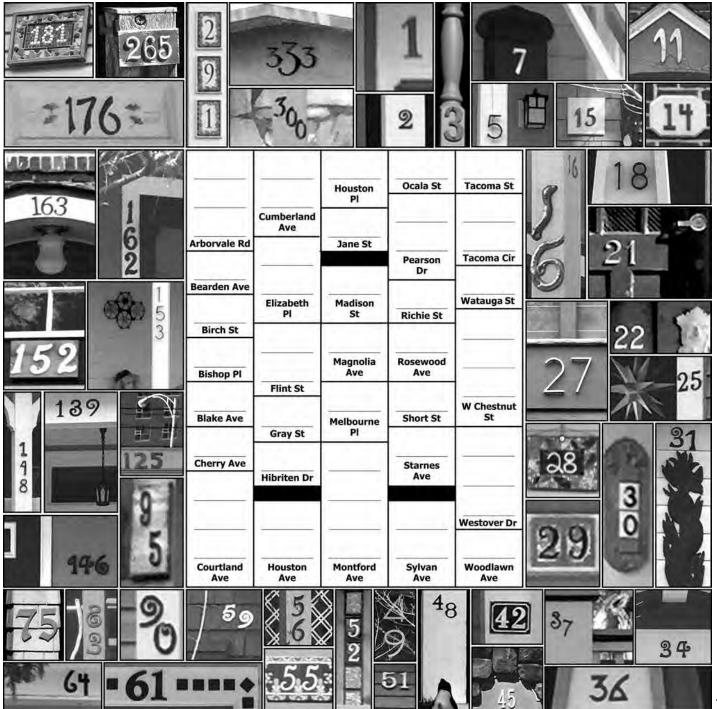
Tour your remarkable memory by feat and our wonderful neighborhood by foot, then pencil each house number onto a street name match in the answer grid. Sorry if we missed your street this year.

Puzzle numbers are featured on (or near) a Montford house (or business), and are visible from the street (or sidewalk). Google map and social electronic assistance is discouraged.

#### How to Enter the Contest

Use a smart phone (or pad) to photograph your answer grid and email it to montpuzzle@yahoo.com no later than April 20, 2015. In the email, send a neighborly ID like "Bob and Bea on Cullowhee" so we can note winners and otherwise delightful entrants. Team efforts should result in one entry. Three contest winners will receive Montford neighborhood gifts.

Additional copies of the 2015 Montford House Number Tour puzzle are available from montpuzzle@yahoo.com.





## **Montford Neighborhood Meeting, March 2015**

#### Joan Miller in lieu of David Patterson, Board Secretary, who was under the weather

Neighbors and some others met March 17 at 7pm for a lively meeting. It was St Patty's Day. Many attendees wore green.

Board members present were Brian Elston, President, Michael McDonough, Vice President (who I might add, had to skip out on a St Patrick's Day event at the Orange Peel to be present), and Daphne Young.

Officer Todd Brigman did not appear, and how crazy is that, that an Asheville police officer might have something more important to do than attend a Montford neighborhood meeting.

Susan Eggerton, Treasurer, was not in attendance, so there was no financial report. Susan's absence is excused, as she had just gotten back the day before from the pleasure of visiting her new granddaughter for a month in England, and then the next day, was putting together a remembrance for her iconic, beautiful brother Fred in a truly epic outdoor memorial service the day after.

## Duke Energy Substation in Montford

Jason Walls represented Duke Energy to talk about the new substation, predicted to be up and working in 2018. It is slated to be built in the parcel of land between the Asheville Area Chamber of Commerce site and the new Isaac Dickson school, though the actual substation imprint hasn't been determined yet. Its final size is estimated to be 220 feet x 280 feet. The tallest building will be 80 feet, but most of the buildings will be 30 feet or less.

The site was attractive because transmission lines already run through Hill Street, past the school, and down along the French Broad River. This substation is one of three Duke plans in the next several years. While electricity load has increased by more than 50 percent, the last substation was built in 1975. Electricity needs have far outgrown capacity at this point.

Several employees and parents from Isaac Dickson were in attendance. The major concerns expressed were about safety, the electromagnetic fields produced by the substations and lines to and from. Other Montford residents voiced concerns over what a nearby substation would do to housing prices, and the appearance of the whole project.

A follow-up meeting was proposed, with Duke engineers, who could answer questions more specifically. That meeting will be advertised on the Montford listserve and this newsletter as it approaches.

#### More Questions re the Substation

Most of the following questions by concerned residents and parents were not answered, but again, an EMF expert as well as other spokepersons will be at the next meeting, slated for the fall:

- Is the site zoned for such a building and use?
- If locals don't approve in the end, can the site location still be changed?
- Is it possible to put a high-voltage substation underground like on Wall Street?
- Do the lines going into and coming out of the substation have more or less electrical field output than the substation itself?
- Why must this neighborhood be first amongst the three substations? (Answer: because it has the biggest need.)
- Will Duke Energy put money into education to lower energy needs in general?

- Will Duke Energy put money into reimbursing homeowners for their reduced home values after the substation goes up?
- Is there an equivalent new substation in the area we can look at? (Answer: West Asheville—West Side, Riverview)
- Can you build hills and plant trees to dissipate the EMF effect?

#### Montford Neighborhood Board Nominations

Brian Elston announced new board member nominations will be due in April. Submit names to any one of the board members for May elections, which will occur at the May neighborhood meeting (May 19). Serving on the board is an excellent way to meet new people and give back to your neighborhood.

#### **Historic Tax Credit**

The Historic Tax Credit, which expired in January, 2014, is being revisited by Susan Fisher. Some residents have received the credits for construction on historic homes, and would certainly like it to come back. There is a bill in the Senate pending.

#### Needed: Volunteers for the Montford Music and Arts Festival

Ben Scales made an appeal for volunteers for the Montford Music and Arts Festival, May 16, 2015. Go to MontfordFestival.org to find contact information, as well as ideas on how to help. Also visit the front page in this newsletter for more information. We also need money donations, if you can't be there to volunteer. Any amount is welcome.



## Ask Away, Montford!

#### Dear Kelli,

I moved here for a quiet community, but my neighbor is so noisy. He rides his moped (without the muffler I might add), for all hours of the night. Is it appropriate to toss a broomstick into his spokes next time he passes?"— Ezra U.

#### Dear Ezra,

Montford generally is a quiet community with understanding and aware individuals. Unfortunately, I don't think that a broomstick to the spokes is your best bet. Though it may be appropriate, might I suggest instead that you speak with your neighbor about the noise. Let him/her know that the moped is quite loud and that you would really appreciate a muffler or less late night rendezvousing. Do you share a landlord? Perhaps you can let your landlord know that there is an issue. Or, one of my all-time favorite ways to deal with confrontations that you might prefer to avoid, leave a note! "Dear Moped-er, please consider a muffler for your mode of transport, as it is a very distracting when you zip around at all hours of the night. I find you rude and inconsiderate!" Or you can file a noise complaint. But what is considered a "noise disturbance?" According to ashevillenc.gov, "Noise is any sound or combination of sounds which, because of its volume or quality, tends to disturb reasonable persons of normal sensitivity or to interfere with normal human activity. [Section 10-82 (c)]" And you seem like a perfectly reasonable person to me!





I doubt this will resolve the issue quickly, but it is an option if the occurrence is ongoing.

#### Dear Kelli,

All this warm, sunshine-y weather has got me itchin' to get outdoors. What are your suggestions?—Sincerely, Really Hated Winter

#### Dear Really Hated Winter,

Well, Really Hated Winter, so did I! The time change seems to get harder every year and I'm so glad we're back from the dark side. There are TONS of things to do in WNC (hiking, tubing, mountain biking, disc golf), but plenty of options right here in our own neighborhood as well!

There's a community garden near Nine Mile (visit Montford Community Garden on Facebook) you can get involved with. Montford Park has a basketball court and tennis courts, as well as benches for reading or spectating. There are lots of sidewalks to take strolls through the historic district (there's a house with a garden of Barbie bodies!). Nine Mile and Tod's Tasties and Chiesa offer different food items (or place an order with the Montford Walk-In Bakery and plan an afternoon walk to jaunt on over to pick it up!).

Montford Park Players is opening their free summer series starting on May 15 with Romeo and Juliet. The 12th Annual Montford Music & Arts Festival will be taking place on May 16th. Plus you can take a trolley tour! You can hop on at the Visitor's Center, and hop off at any of the stops along the way. You can also become an ambassador and ride for free with any two additional paying adults! There's so much to do, you should probably get started right away!

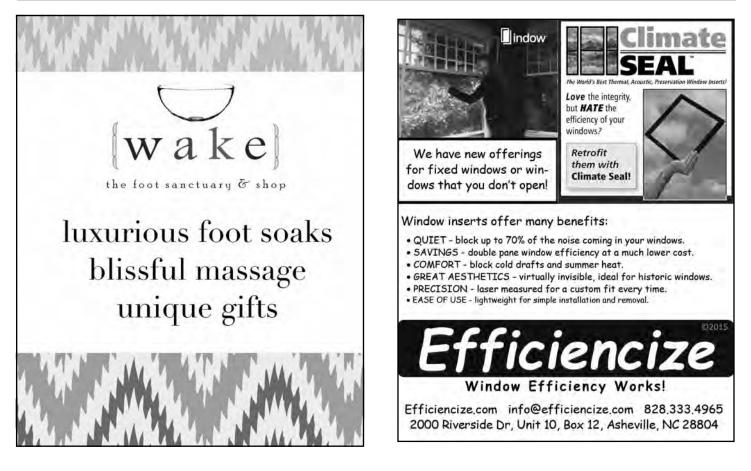
Got a question that you need answered? Weather got you down? Love life on the rocks? Let us know! Ask Away! by e-mailing TheBandGeek@hotmail.com with "Montford Newsletter Question" in your subject line. Not all questions may be answered and are subject to Answerer's discretion. Thanks for reading!

ARE YOU ON THE MONTFORD LIST SERVE? Sign up at www.montford.org

#### VOLUME 20 NO. 4



#### APRIL'15



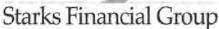
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Securities offered through Raymond James Financial Services, Inc., member FINRA/SIPC 440 Montford Avenue, Asheville, NC // 828-285-8777



# Waterfalls and Wildflowers in the Southern Appalachians

#### *Thirty Great Hikes* By Timothy P. Spira

If you love waterfalls, here are some of the best hikes in the Southern Appalachians. And if you love plants—or simply would like to learn more about them—you will be in hiking heaven: naturalist Tim Spira's guidebook links waterfalls and wildflowers in a spectacularly beautiful region famous for both. Leading you to gorgeous waterfalls in Virginia, North Carolina, Tennessee, South Carolina, and Georgia, the book includes many hikes in the Great Smoky Mountains National Park and along the Blue Ridge Parkway. As he surveys one of America's most biologically diverse regions, Spira introduces hikers to the "natural communities" approach for identifying and understanding plants within the context of the habitats they occupy—equipping hikers to see and interpret landscapes in a new way. Each of the 30 hikes includes:

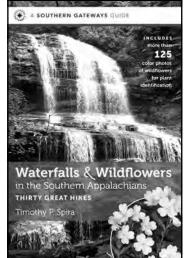
- a detailed map and GPS coordinates
- a lively trail description highlighting the plants you are most likely to see, as well as birds and other animals along the way
- an associated plant species list

#### Also featured:

- beautiful color photographs of 30 destination waterfalls, 125 plants, and more
- detailed descriptions of 125 key plant species
- 22 drawings to help identify plant structures
- a glossary of botanical terms

#### About the Author

Timothy P. Spira, professor of biology at Clemson University, is the author of *Wildflowers* and Plant Communities of the Southern Appalachian Mountains and Piedmont: A Naturalist's Guide to the Carolinas, Virginia, Tennessee, and Georgia.



### Thanks Chiesa, as Noted by Mitch Russell

Chiesa is donating the proceeds of their Poor Box to Isaac Dickson this month. What a great way to support your local Italian restaurant and neighborhood school!



"A poor box is an alms box for

voluntary contributions for relief of the poor. It is called in some places corbona (a treasure box) and has been found in churches from the earliest days of Christianity."

#### **Resource Directory** Advertise in the Resource Directory

Send a brief description (30 words or less) and contact information. **More than 1,500 newsletters** are distributed monthly throughout the neighborhood and are also available on the **Montford website** and at the Pack Memorial and North Asheville Public Libraries. Call 258-2207 for more information.

#### **House Histories**

Learn the story of your house. Who lived there, who owned it and what they did for a living.

• For more information call Sharon at 777-1014

#### **Historic Walking Tours**

For by-appointment walking tours of historic Montford, Riverside Cemetery, and downtown Asheville, call 777-1014. A self-guided CD or downloaded MP3 tour of Riverside Cemetery is available online at www.history-at-hand.com Cemetery tour CDs are also available at the Chamber of Commerce Visitors Center or by calling the number above.

#### **Daoist Traditions College of Chinese Medical Arts**

- 382 Montford Avenue 225-3993 (school)
- 253-8669 (student clinic)
- www.daoisttraditions.com

Low cost acupuncture care at our student acupuncture clinic. Call for more information.

#### **Hansen Stiles And Associates**

• 117 Cherry St • Asheville, NC 28801 • 255-5227 Montford Residents Investment Company on Cherry Street—Financial Planning Consultants, Investment Securities

#### **Smart Feller Tree Works**

• Ira Friedrichs • 545-5503 (NEW cell) • irafriedrichs@gmail.com Down trees got you down? Contact us for all your tree removal and pruning needs! We are locally licensed and insured. Please call for free estimates. Montford references available. Thanks.

#### **Square Peg Construction Inc.**

Add beautiful custom woodwork to your historic home: New upgrades like wood paneling, built-in cabinetry, trim, doors, stairs and railings. Small details add big impact! Montford references.

• Call your neighbors, Leslie and David Humphrey 277-5164





#### VOLUME 20 NO. 4



APRIL'15



Postcard of 80 Cumberland Avenue mailed on September 8, 1911. Contribution by Brian Astle, Montford resident.



Recent photo, same perspective as above, taken in early March, 2015, by Brian Astle. Ċ

#### Historic Resources Commission of Asheville and Buncombe County

March 11, 2015 at 4pm Tentative Agenda for Montford Item and Summary and Action 170 Montford Avenue—Rear addition and

new garage.....Approved

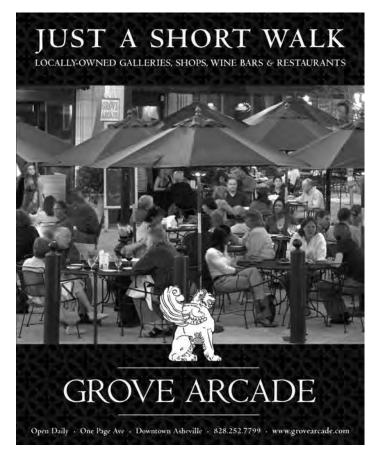
## April 8, 2015 Tentative Agenda for Montford

#### **New Business**

23 Courtland Avenue—Amendment to shift, add, and restore windows and doors and to construct a skylight

42 Cumberland Avenue—Amendment to increase setback, remove stairway on south elevation, and removal of two trees along property boundary

Visit ashevillenc.gov for the full approved minutes after the following month's meeting. Contact Stacy Merten: 259-5836





## For Sale 61 Cumberland Circle

Double lot on quiet street, Landscaped for year-round color, Direct access to Reed Creek Greenway, Stroll to UNCA, Botanical Gardens, local festivals and downtown Asheville.

For more info: 61cc4sale@gmail.com



#### **Something Moved** Marci Spencer, March 2015

"It was Easter Sunday, April 20, 2014," begins a story, recorded in the book, Pisgah National Forest: a History. "A family drove eastbound on I-40 to Exit 90 at Nebo to the Grandfather District Ranger Station. Shoveled dirt, draped tarps and a newly graveled walkway beside the parking lot promised a new nature trail. However, the Ranger station was closed. And yet, something moved. It was just a quick glimpse, but certainly not imagined. There it goes again! "Did you see that?" a little girl whispered.

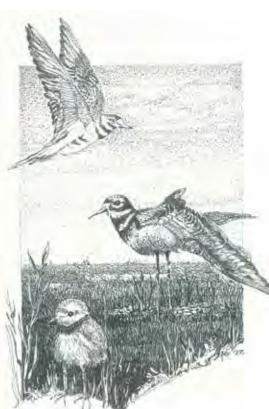
"I think so," a grandmother whispered back.

"Sh-sh-h-h! There it goes again! And another one!" the little girl said. No bigger than a ping-pong ball, a fuzzy tan blur, camouflaged in bright morning glare and pale grass, rolled across Grandfather's front yard.

A vocal, protective parent swooped overhead before landing hard on the turf nearby. "It's wings are broken," the little girl feared. "It's hurt."

There, within yards of I-40 on the front lawn of the Grandfather

performed one of nature's enchanting displays. Feigning



a broken wing and screeching a painful plea, it diverted the attention of hungry predators or just the intrigued innocent. Tiny killdeer babies scurried out of harm's way."

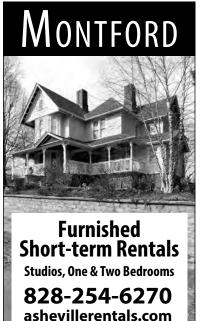
Be careful. Although it's related to seashore plovers, the killdeer scrapes out its nest, not on the beach, but in front yards, playgrounds, city parks, or even graveled driveways. Rearing its young from March to April, a killdeer might choose to nest in peaceful Montford Park. Look for robin-sized adults with a bright-white belly, a black, doublestriped breastband and a long, rusty tail. Single-striped, downy babies resemble their parents.

Tread lightly; and, if eggs or babies go unnoticed, take heed. Careless footfalls will be scolded harshly. Although the shrill, piercing cries

may not sound like, "Kill deer! Kill deer! Kill deer!" to you (or me), scientists aptly provided the killdeer with its Latin name, Charadrius vociferus!



New# ► 828.545.5503 irafriedrichs@gmail.com smartfellertreeworks.com District's home, a killdeer







## **Montford Challenge**

Continued from front page...

#### Let us add your name to the donaters list!

The Montford Neighborhood Association is a 501(c) (3) charitable organization. Donations are tax deductible to the full extent allowed by the tax code. All proceeds from the festival help fund community projects and activities of the Montford Neighborhood Association.

#### **Montford Challenge Donation Form**

How Do I Donate?

- Make checks payable to the Montford Neighborhood Association (MNA) and mail them to Susan Eggerton, MNA Treasurer, po box 7181, Asheville, NC 28802. Write "Montford Challenge" in the memo section of your check.
- Go to montfordfestival.org, proceed to the festival store Donation link and make your donation using PayPal.
- Email Joan Miller to make arrangements for the pick-up of your donation within the Montford neighborhood. JoanAdrienne@gmail.com

### Return this section with your donation (unless you donate online)

YES! I/we proudly accept the Montford Challenge and would like to support the 2015 Montford Music and Arts Festival with my/our donation.

Name \_\_\_\_\_

Address: Street

City\_\_\_\_\_State\_\_\_Zip\_\_

Donation Amount: \$

Make checks payable to the Montford Neighborhood Association. Mail to Susan Eggerton, MNA Treasurer, po box 7181, Asheville, NC 28802

You will receive a Thank You Letter/Receipt, for your donation, from the MNA which can be used for tax purposes.

Thank you for your support!

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References 828-335-1140 Indognation.com



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## Sybil Argintar, Broker Dawn Wilson Realty

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In addition to my work as a real estate broker, I have a separate historic preservation consulting business that I have owned and operated in Asheville for thirty years. Being a long-time Montford

resident, I am very familiar with this community, and what it means to own a home in this incredible neighborhood! Buying or selling, I'll be there every step of the way.



Montford is published monthly by the Montford Neighborhood Association, P.O. Box 7181, Asheville, NC 28802 for the residents of Asheville's first historic neighborhood. The newsletter is distributed by more than 50 volunteers. Staff: Editor—Joan Miller, JoanAdrienne@gmail.com, (650) 966-1957. Layout and Design Specialist—Ross Terry, ross@krtdesign.com, 230-7439. Advertising Manager—Joyce Thornburg, joyce-thornburg@att.net, 301-9919. Assistant Editor-Jenny Wilker. Circulation Manager-William Saupe, aws@anchorlaw.com, 907-952-1809. We welcome articles emailed by the 20th of the month to Joan Miller. We also welcome advertising arranged with Joyce Thornburg and emailed by the 20th of the month to Ross Terry.



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