



MONTFORD

THE NEWSLETTER OF ASHEVILLE'S MOST HISTORIC NEIGHBORHOOD
Vol. 28 No. 3 MARCH '23



The Historic Montford Garden Tour Returns!

HISTORIC MONTFORD



Coming around again after a two-year breather: the 2023 Historic Montford Garden Tour, a favorite community fundraiser. The date is Saturday, June 3, from 10 a.m. to 4 p.m. No rain date is scheduled, and organizers trust that the garden gods will produce fair weather.
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TEMPIE AVERY MONTFORD CENTER

MONTFORD UPCOMING PROGRAMS:

Montford Story Time—\$5/class
3/15, 3/ 22, 3/29 from 11:00-11:30am
Ages 3-5 years (accompanied by parent or guardian)

Pokemon The Trading Card Game: Learn to Play—4/1 from 11:00-1:00pm \$5

Art and Soul—4/7 from 6:00-7:30pm Ages 50 and up. Design a visual autobiography.



Young Women's Brunch—3/18 from 10:00-12:00 noon. \$10 donation towards Helpmate Domestic Violence Services

Descriptions and registration for all programs can be found at www.avlrec.com

For more Information Contact:

Seth Jackson
Recreation Facility Manager
Tempie Avery Montford Center
Asheville Parks and Recreation
828-253-3714 - Office
828-337-2403 - Business Cell
sjackson@ashevillenc.gov



March is here, and with it comes warmer weather, thanks to **the official first day of spring on March 20**. Other noteworthy days in March include **International Women's Day on March 8** and **St. Patrick's Day on March 17** — but there are plenty more official and unofficial holidays and observances in March 2023 to add to your calendar. This year, the third month of the year plays host to major religious and spiritual holidays for a number of different faiths, including **the start of Ramadan, the Jewish holiday Purim, and the spring festival Holi**.

By Larry Stansbury—womansday.com

Need more holidays and observances?

Visit: <https://www.thespruce.com/special-days-and-observances-in-march-1448890>

Personally, I'm looking forward to "Make Up Your Own Holiday Day" and "National Spinach Day".

Montford Garden Tour

Continued from front page...

Featuring eight wonderful gardens here and there around Montford, the Historic Montford Garden Tour makes a great day's outing for residents plus their friends and families. Proceeds from this year's event will go toward improvements to Montford Garden, located at the corner of Montford Avenue and East Wanetta Street.

Tickets for the 2023 garden tour are \$25 each – the same as the 2021 tour -- and are required for entry to the individual gardens. For tickets, go online to montfordgardentour.org starting on April 15, or visit the Asheville Visitors Center Gift Shop at 36 Montford Ave. with cash or check.

This year's garden tour again brings a special ingredient to the mix: musicians at selected gardens will provide a medley of live music to enhance the outdoor experience.

The selection of gardens for the tour highlights the variety of landscapes and landscapers beautifying the neighborhood. Several of the gardens grace homes that are more than 120 years old, while one is notably newer construction. Some of the gardeners have grown up around landscape garden work, while others are more recent devotees.

Many of the gardens illustrate how slivers of urban wasteland can be transformed with love, inspiration, and hard work into living masterpieces, lush and fragrant. Original owners pass away, properties get neglected in tough economic times, and then come roaring back to life when new owners inject their energy and creativity. A number of the featured gardens spent time as vine-covered, weed-choked wastelands... only to be rescued with imagination and patience.

Montford artist Harry McDaniel is producing a garden sculpture that will be sold in a silent auction online and during the tour, and copies of a commemorative poster of that piece will also be available.

A special highlight this year is an authentic Greek lunch offered as a fund-raiser by Holy Trinity Greek Orthodox Church on Cumberland Avenue.

Stay tuned for more details!

Nan Chase—Garden Tour Contributor

*Become A Proud Sponsor
of the*
HISTORIC MONTFORD



Sponsorship Packages

Tour is Saturday, June 3, 2023

Seed Sponsorship - \$250 includes 4 free tickets to the tour

Bulb Sponsorship - \$350 includes 8 free tickets to the tour

Flower Sponsorship - \$450 includes 10 free tickets to the tour, 1 commemorative poster

Musician Sponsorship - \$650 includes 4 free tickets to the tour, Company logo on signage in front of the musicians playing area at one of the homes on the Tour

Garden Sponsorship - \$1,000 includes 4 free tickets to the tour, 2 free commemorative posters, Company logo on signing in front of one of the homes on the tour

All packages include: Company logo on website and printed promotional materials (except on street banners and commemorative poster) & opportunity to use the Tour logo on company promotional and marketing material for event

Contact Kim Rollin—Garden Tour Committee
Kim@marincompany.com



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Green Corner

Erin Hiatt

This month, we'll continue to explore how to live more sustainably when it comes to the life cycle of our stuff. We have previously discussed recycling, refill, resale & refurbished, and reuse/the sharing economy.

This edition, food waste prevention and composting. Multiple studies estimate that U.S. households waste about a third of the food they purchase each year. While there are numerous environmental and economic reasons to prevent food waste and compost, a bonus benefit in WNC is removing food smells from your trash can means bears are less likely to bust them open!

In 2020, the city of Asheville launched a "Save the Food Asheville" campaign and resources in collaboration with [Food Waste Solutions WNC](#), whose website includes additional information on efforts in our region for anyone who wants to dig in deeper. A few tips from the [graphic they produced](#), with some additional and/or local resources:

1. Date labels on food can be tricky

- a. Except for infant formula, "Best by" and "Sell by" dates are not "Never eat after" dates. [USDA recommends](#) "if the date passes during home storage, a product should still be safe and wholesome if handled properly until the time spoilage is evident".

2. Plan your grocery trips

- a. Lists and recipes can help keep you from overbuying. If you have a habit of wasting what you buy without a plan for it, revisit your process.



3. Freeze it

- a. You'd be amazed by [what can freeze well](#).

4. Compost food scraps

- a. The City of Asheville and Buncombe County operate [six free food scrap drop off locations](#). If you have room, try storing your scraps in the freezer between drop offs to avoid it getting gross.
- b. [Backyard composting](#) (or vermiculture) may be easier than you think
- c. Paid composting pick up services like [CompostAVL](#) or [CompostNow](#) provide maximum convenience.
- d. [Electric kitchen composters](#) are now a thing.

A few bonus tips:

1. Store fruits and veggies better

- a. Where and how your store produce can have a big impact on shelf life. Did you know lettuce actually hates too much moisture and your apples might be making your lemons go bad faster?

2. Donate or give it away

- a. [MANNA Food Bank](#) and [Loving Food Resources](#) are great options.
- b. Why not try posting it to BuyNothing, Facebook Marketplace, or Craigslist? Someone might be willing to take items to a food bank or be grateful for it themselves. Be upfront about condition, dates, etc. and of course avoid giving away opened items.

3. Channel your inner food show competitor

- a. The internet is packed with posts dedicated to helping you make meals out of random leftovers and ingredients.

As always, if you have an addition or suggestion, let me know at montfordgreencorner@gmail.com.



Reed Creek Greenway Community Through Kudzu Series 2023

*with Urban Forest Alliance and
Montford Neighborhood Association*

Kudzu Culture, Urban Forest Alliance, and Montford Neighborhood Association invited neighbors and friends to join in kudzu removal initiatives along the Reed Creek Greenway.

The first workshop of 2023 was “*Weaving Birdhouses With Kudzu Vines*”



Great turnout for 2023’s first Community Through Kudzu! Lots of volunteer hours to be logged for our grant. More details to come.

We learned to identify kudzu vines when the leaves are dormant; Harvest old-growth vines and runner vines for bird houses, basketry, woven fencing, and wreath making; hot kudzu root tea samples were served.

Everyone gathered at the Reed Creek Greenway at corner of Cauble and Broadway St. in the Montford Neighborhood of Asheville, 1-4pm, Sunday, March 5.

Please visit www.kudzuculture.net for additional information. Email kudzuculture@gmail.com with any questions.

Eventbrite info: <https://www.eventbrite.com/e/community-through-kudzu-weaving-birdhouses-with-kudzu-vines-tickets-544438810137>

Facebook info: <https://fb.me/e/2K5nFXyRm>

Lauren “LB” Bacchus

Cofounder | Director

Kudzu Culture

kudzuculture@gmail.com

www.kudzuculture.net

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Marrying Sustainability and Historic Preservation *A Green-Infrastructure Symposium*

Please join us . . .

Date: April 12th, 7:00-9:00 PM

Place: Lenoir-Rhyne University 36 Montford Ave campus
second-floor boardroom (Montford Avenue level)

This evening forum will explore the complexities of integrating environmental initiatives in an urban historic district. Utilizing Montford as a context, we will discuss the need to preserve the integrity of our valuable historic and natural resources while seeking a more stable community-wide ecosystem.

Experts in the fields of Historic Preservation, Solar Technology, Urban Forestry, Environmental Planning and Sustainability will seek to identify common ground and cross-pollination opportunities as we learn about emerging technologies and policies.

This event is sponsored by Lenoir-Rhyne University. Light refreshments provided by the Montford Neighborhood Association.

LENOIR-RHYNE
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Historic Resources Commission of Asheville and Buncombe County

Montford Action Agenda 02/08/23

Present: Chair Emily Kite, Vice-Chair Emily Spreng, Will Hornaday, Sioux Oliva, Sara Groce, Shannon Watkins, Maria DeIsasi, Amy Moxley, Chris German, Annie McDonald, Leslie Carey, Alexander Ellenbogen

Absent: None

Staff Present: Alex Cole, Avery Tew, Jannice Ashley

Item, Summary and Action

109 Kingsland Alley (PIN 9639-94-5138) -
Construction of new one-story, 1,650 square foot structure and new one-story, 526 square foot structure.
Action—Continued

HRC Application Portal

The city is now accepting HRC applications digitally via the Development Portal at this address:

<https://develop.ashevillenc.gov/>

Please refer to the website (www.ashevillenc.gov) for the full approved minutes after the following month's meeting.






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Forever Montford

WELCOME PACKET

Randy Hall

Forever Montford, a committee of the Montford Neighborhood Association (MNA) has created a Welcome Packet for new Montford residents. The packet contains information such as a brief history of Montford, a list of MNA board members along with contact information, Montford listserv, Montford newsletter, neighborhood parks, events (due to ongoing COVID-19 concerns, be sure to confirm event dates/times), restaurants, maps, volunteer opportunities and much more. Packets are being delivered by MNA board and Forever Montford committee members upon learning of new residents. Recipients of the Welcome Packet have shown great appreciation with one neighboring writing, "Looks like we lucked out in the neighbor and neighborhood department! I appreciate the history and local information. Well done, and thank you for your thoughtfulness."



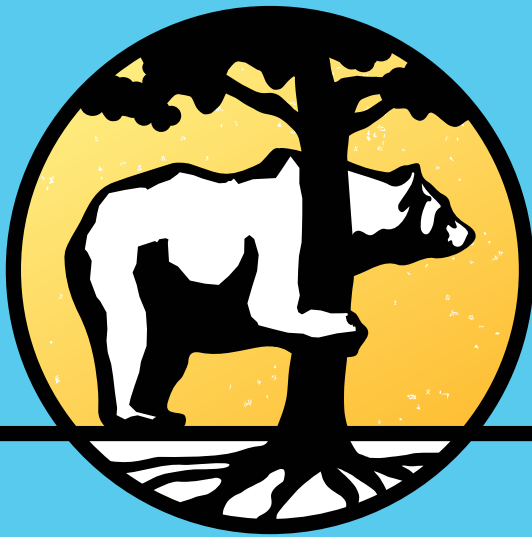
If you are new to Montford or know of a new resident, please contact one of the below, and we will coordinate delivery of a Welcome Packet.

Randy Hall: cpabanker@yahoo.com

Leslie Humphrey: leslie@squarepeginc.net

Ashima Nair: ashimanair@gmail.com

Lynn Raker: lynn.raker@gmail.com



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The Montford Newsletter is published online by the Montford Neighborhood Association, P.O. Box 7181, Asheville, NC 28802, for the residents of Asheville's first historic neighborhood. We welcome articles and advertising by the 20th of the month.

Note: Opinions expressed in this newsletter by contributing authors do not necessarily reflect the official policy or position of the MNA.

Contact Editor Ross Terry at ross@krtdesign.com, 230-7439 for more information.