Upcoming Festival—Volunteers Needed

Kim Kennedy

There is no better way to support your neighborhood than volunteering at the Montford Music and Arts Festival. The festival is **Saturday, May 21** and we need volunteers from 7am all the way until 9pm.

Volunteers are needed for a variety of tasks from monitoring a barricade or passing out flyers, to running the silent auction booth or picking up trash, and much more. We have over 70 shifts to fill which means we need you!

We are still in need of people with pickup trucks to help with delivery and return of equipment to the Montford Center. To sign up, contact Kim Kennedy at kkennedy@ashevillenc.gov or at 253-3714. You can also go to www.signupgenius.com and view what shifts are available. Directions on logging on are posted on the montford.org website.



Our Good Neighbor Parrish Rhodes

Joanie Miller

Parrish Rhodes passed away on March 13 at age 84. I know many of you knew her. She lived in Asheville for 15 years, on Chestnut Street, and before that, Montford Avenue. When she found out she didn't have long to live, she wrote a note to a few friends that was practical and a little irreverent. Her last line was,



"Don't pity me—I've had a reasonable run!" Her daughters, Heidi and Marla, flew in to help when Parrish was feeling ill, staying at her bedside. She died soon after in a hospice care facility.

Parrish was a community-minded yet independent spirit.

Joe Newman wrote:

As far as I know, she was the first in Montford to put up a Little Free Library. The first one was in the community garden at the corner of Waneta and Montford. She ordered and paid for it, and David and Leslie Humphrey of Square Peg did the carpentry, painting, and installation.

continued on page 15...

Ladies and Gentlemen!

Step right up, step right up!
The Montford Neighborhood
Challenge is now in full swing
and needs you to participate. Once
again, **Hernán and Lou Ann Navarro** have offered to match
up to \$1000 in donations from
Montford neighbors and friends.



But wait, there's more... **Brian May** and Scott Merrill have also issued a donation-matching challenge of \$1000! These four people are some really generous folks who care a lot about our community. Do you want to be a part of that number? Any amount you donate will help, no matter how small. Let's do our best and meet this challenge with a neighborhood goal



of \$2,000, Then Hernan, Lou Ann, Brian and Scott will match it for a total of \$4,000!

These funds will provide much-needed support for the Montford Music and Arts Festival to be held May 21, 2016, as well as for various neighborhood improvements. Let's join together again this year and exceed our goal.

continued on page 3...

MONTFORD

→ CALENDAR **

Montford Neighborhood Association Meetings

- Third Tuesday of every month, Montford Community Center, Pearson Drive.
- Next meeting: Tuesday April 18, 2016, 7pm. Watch the listserv for agenda items.

All residents are welcome. Everyone in Montford is a member of the neighborhood association.

Community Recreation News

Kim Kennedy, Community Center Director

Ukulele

Mondays, 6-8pm, FREE

Developing Future Male Leaders/ Diamonds in the Rough

Fridays thru May 27, 6-7:30pm, \$5 per season (youth learn leadership skills)

Community Basketball

Adults — Tuesdays noon-2pm and Sundays 5:30-7:30pm, FREE

Indoor Climbing Wall

Tuesdays, 5:30-8pm thru April, also first Saturday of the month 9-11am, \$5 per climb

Adult Martial Arts

Tuesdays, 6:30-8pm, \$10 per person

Community Volleyball

Wednesdays, 5:30-8pm, \$5 per person thru April

Table Tennis

Mondays 5:30-8pm, Wednesdays & Saturdays 11am-2pm, FREE



Badminton

Thursdays 5:30-8pm and Saturdays 9-11am, FREE

Chair Yoga

Fridays, April 8 & 22, 10:30am-11:45am, \$10 per person

Montford Community Yard Sale

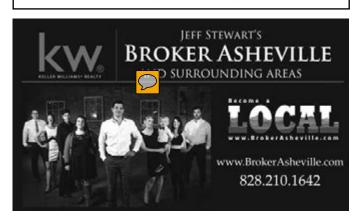
Saturday, April 9, 8am – 1pm

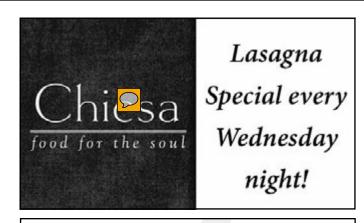
*The Montford Center gym will be closed Wednesday, April 20-24 for floor maintenance.



95 Cherry Street North, Asheville Open Monday - Saturday 9:30-5:30 828.258.2435

Visit us online at www.frugalframer.com & follow us on facebook









Ladies and Gentlemen!

Continued from front page...

How Can I Donate?

The Montford Neighborhood Association is a 501(c) (3) charitable organization. Donations are tax deductible to the full extent allowed by the tax code. All proceeds from the festival help fund community projects and activities of the Montford Neighborhood Association.

Montford Challenge Donation Form

How Do I Donate?

- Make checks payable to the Montford Neighborhood Association (MNA) and mail them to Susan Eggerton, MNA Treasurer, po box 7181, Asheville, NC 28802. Write "Montford Challenge" in the memo section of your check.
- Go to montfordfestival.org, proceed to the festival store Donation link and make your donation using PayPal.
- Email Joan Miller to make arrangements for the pick-up of your donation within the Montford Neighborhood. JoanAdrienne@ gmail.com

Cut along the line, and return this section with your donation (unless you donate online)

1 , 1	e Montford Challenge and would like rd Music and Arts Festival with my/our
Name	
Street	City
StateZip	_
Donation Amount:	
• •	Montford Neighborhood Association. Mail to urer, p.o. box 7181, Asheville, NC 28802.
•	letter/receipt for your donation from the tax purposes. Thank you for your support!

Thank you for your support! Sincerely, Dave Baker sponsorship@montfordfestival.org



ARE YOU ON THE MONTFORD LISTSERV? Sign up at www.montford.org



2016 Music and Arts Festival Heralds Spring

Saturday, May 21, 10am – 7pm, Montford Avenue

Jerry Connor

It's that time again and are we in for an even greater neighborhood treat. As reported in the last newsletter, the new festival layout will stretch down Montford Avenue from Chestnut to Waneta. Moving to one street isn't the only big news. Here's what to expect this year:

- A larger children's area with activities, games of chance, balloon art, face painting, the bookmobile, and an interactive art project for both kids and adults.
- The largest gathering of food vendors since Bele Chere, offering everything from empanadas, crepes, BBQ, fire-baked pizzas, specialty meals and sandwiches and snacks, from funnel cakes to deep fried Oreo's, French Pastries and our home favorite Greek spanakopita and pastries. The new Food Plaza will stretch from Waneta to Cullowhee with expanded seating. And don't forget Nine Mile, Chiesa, and Tod's Tasties, as they are also part of this festival.
- More artists and craft persons displaying their gallery-quality work between Chestnut and Cullowhee along with plants and shrubs for sale.
- Another addition this year will be "Montford Square," a
 performance place on Montford Avenue, noon to 5pm, with
 the Asheville Morris Men, the Ashgrove Garland Dancers,
 the Mountain Lion Chinese Dragon, Ninja Kids Club Karate
 exhibition, and others.

Plan to come and stay for the day, bring your appetites, your kids, your friends and love of music and art. The Montford Music and Arts Festival is an annual project of neighborhood volunteers and the Montford Neighborhood Association. It is funded through donations, sponsorships, and vendor fees. For complete list of vendors visit **montfordfestival.org**.

2016 Montford Music & Arts Festival

THANKS TO OUR MANY SPONSORS

Please support these businesses, as they support your neighborhood!

Nine Mile Restaurant

233 Montford Ave, Asheville, NC, 505-3121 751 Haywood Rd, Asheville, NC, 575-9903 ninemileasheville.com

Nine Mile is a casual full-service vegetarian-friendly restaurant and bar with two locations in Asheville, NC. The original location is in the heart of historic Montford. The newest location is in downtown West Asheville on Haywood Rd. Our cuisine consists of Caribbean-inspired pasta dishes, rice dishes, a handful of traditional pasta dishes, daily specials, and an array of locally made desserts. We carry a variety of local and micro brews, wine and the West Asheville locations serves an array of Caribbean cocktails. It is our pleasure to provide everyone from our nearby neighbors to our visitors from afar with great food and a pleasurable dining experience. We invite you to come by and look forward to seeing you!

828:design

32 Broadway, Suite 120, Asheville, NC, 254-9200 828design.com

828:design is a full-service graphic design studio creating for both interactive media and print. We're about building relationships and delivering results. Passion for innovation and creativity, strong work ethic, professionalism, and diverse experiences with a reputation for results is what sets us apart.

Chinese Acupuncture & Herbology Clinic

369 Montford Ave., Asheville, NC 28801 258-9016 206 Chadwick Ave., Hendersonville, NC 28792 698-3335

442 Walnut St. Waynesville, NC 28786, 452-9699

ashevilleacupuncture.com

We recognize the uniqueness of your healing journey and are honored to walk this path with you. It is our intention to always demonstrate faith in your ability to heal physically, emotionally, and spiritually. Three millennia of Chinese Acupuncture. Three decades of healthier Asheville patients.

Keely Carlisle MD, French Broad Pediatrics

 $40~\mathrm{N}.$ Merrimon Ave., Suite 117, Asheville, 348-8232 frenchbroadpeds.com

Together, our team is proud to provide nurturing pediatric care to children and families from all over Asheville, Buncombe County, and Madison County. We pride ourselves on being a thorough and complete medical home.

Grayline Trolley Tours of Asheville

po box 2115, Asheville, NC, 251-TOUR (8687) GrayLineAsheville.com

There is no better way to discover what Asheville has to offer than on a Gray Line Trolley Tour. Hop on board one of Gray Line's nostalgic RED trolleys for a fully narrated journey, highlighting the history, homes, and hot-spots of this city of surprises.

Bionic Man Painting Company

215-7772, pdixon77@yahoo.com

Our mission is to provide safe, consistent, and somewhat interesting work for our employees/ workers to build their present and future upon. And to do what we say, when we say, the way we say we are going to do it.

Sid Border, Broker ABR, GRI, Green, ERA Sunburst Realty

111 Central Avenue, Asheville, 258-1284 sid.border@era.com AshevilleHistoricHomes.com SunburstRealty.com

Montford resident Sid Border of ERA Sunburst Realty, and his family, are long-time supporters of the Montford neighborhood. Learn more about Sid's interest in and experience with selling historic homes in the Asheville area.

The BRITE Agency

29 Montford Ave., Suite 200 Asheville, 350-9500, briteagency.com

Founded in 2001, The Brite Agency is a full-service Asheville advertising agency that delivers strategic planning, branding, marketing and creative campaigns to a broad range of clients and industries.

LaZoom Tour Company "A City Tour with a Twist"

90 Biltmore Avenue, Asheville NC 28801, 225-6932 lazoomtours.com

Hop on LaZoom's iconic purple bus and find the funny side of Asheville. Our city-wide afternoon and evening tours are historical and hysterical, featuring outlandish comedy skits, entertaining tour guides, and much more. You have never taken a tour like this before — it's a show on wheels! So grab your favorite beverage (or a local Asheville brew) and do what the locals do . . . Get on the Big Purple Bus!!! LaZoom also offers Haunted Comedy tours. New this year, the Band and Beers Tour!

Tod's Tasties

102 Montford Ave. Asheville, 505-3701 todstasties.com

Tod's is Montford's neighborhood cafe, serving up classic homemade breakfast, lunch, and dinner 7 days a week. We conscientiously source ingredients locally and regionally, and adventurous specials change daily. Come find us on instagram @todtasty and facebook.

Envision Eyecare

181 Charlotte Street Asheville, 254-6757 Office facebook.com/myenvisioneyecare, twitter.com/ EnvisionCare, myenvisioneyecare.com

Envision Eyecare is an optometric practice dedicated to excellence in eye care, quality, and our community. At Envision Eyecare, we enhance, protect, and preserve our patient's precious sense of sight for a lifetime. From complete comprehensive eye care, to stylish eyewear, we've got you covered in Asheville.

Chiesa

152 Montford Avenue, chiesaavl.com, 552-3110

Hey neighbors and fellow Ashevillians! Come hang out at Chiesa this Spring and Summer in our cozy dining room or sunny patio. Enjoy a plate of homemade pasta and a glass of wine while spending time with friends, old and new.

Open Tuesday – Sunday for dinner, 5pm – 9pm.

Hands of Sean Perry

250 Haywood Road, Asheville, NC 28806, 258-7272 www.seanperry.com

We specialize in renovations and additions to Asheville homes and commercial properties in historic areas including Montford, Grove Park, and Kenilworth, as well as surrounding areas. Our clients choose us because of our vast experience in renovating historic properties, craftsmanship, and attention to detail. Our clients can rest assured our projects are well planned, professionally managed, and properly completed—we provide a concise, stress-free experience. Let's collaborate!

Avenue M

791 Merrimon Avenue, Asheville, 350-8181 avenuemayl.com

Avenue M is a neighborhood restaurant and bar in the heart of North Asheville where the locals EAT. DRINK.GATHER. Our diverse menu has something for everyone. 14 taps, great wine list, and tasty cocktails. Our porch is dog friendly. Open for dinner Tuesday - Saturday 5pm. Open Sunday for brunch 10am-2pm and dinner 5-9pm. 350-8181, closed Mondays.

Grove Arcade

One Page Avenue, Asheville, 252-7799 grovearcade.com

Our mission is to effectively operate a premier destination in downtown Asheville, filled with successful businesses and educational programs, that reflect our mountain heritage and cosmopolitan taste.

2016 Montford Music & Arts Festival

Frugal Framer

frugalframer.com

Frugal Framer has been framing art, memorabilia and unique artifacts since 1975. Forty years as a local Asheville business have taught Frugal Framer many things, including a sincere sensitivity to customers' aesthetic ideas, the ability to respond with creative solutions and a respect for every budget and ultimate goal for the finished product. With over four hundred moulding options in stock, Frugal Framer can offer a standard one-week turnaround (or faster if requested by the customer) and the most competitive prices in the region. Satisfied customers have come to depend on Frugal Framer's tradition of excellence for all their framing needs.

Montford location: 95 Cherry Street North, Asheville, NC, 828-258-2435

Arden location: 2145 Hendersonville Road, Arden, NC, 828-687-8533

98.1 The River

1190 Patton Avenue, Asheville, 259-9695 theriverasheville.com

98.1 The River is about the album, the artist and the music, playing 30 years of tracks from established superstars like Dave Matthews Band, Natalie Merchant, Van Morrison, Jackson Brown, plus the best newer artists like Mumford and Sons, The Avett Brothers, Jack Johnson and Michael Franti & Spearhead. The River's never-ending mission is to serve Asheville's musically adventurous adults that live independently of the masses. The River—Where Different Is Good.

Mountain Song Guitars

Candler NC, 318-2853, mountainsongguitars.com

We specialize in the construction of hand-crafted, built-to-order, steel string guitars of the finest quality. Luthier and owner, Ken Jones, also performs repair and restoration of modern and vintage instruments with a keen eye toward archival integrity. Ken also provides instruction on any or all of the many aspects of modern steel string construction.

Nathan Snider, CPA, PC

Asheville NC, 337-8188 or 505-8318 ashevilleaccounting.com

Providing personalized, proactive accounting and tax services to individuals and small businesses in the Asheville area. Our belief is that our clients deserve the kind of assistance in their business and personal financial decision-making process, which results from in-depth knowledge of the client's situation, and prompt responses to the client's questions. Our ultimate goal is the development of a comprehensive strategy to maximize taxplanning opportunities and minimize the costs of tax compliance.

Great Beginnings Pediatric Dentistry

10 Yorkshire St, Suite B, Asheville, NC, 552-5353 50 Bowman Dr, Suite C, Waynesville, NC, 564-1333 greatbeginningspedo.com/

Whether you just need a regular check-up, or more sophisticated dental treatment, our Board Certified Dentists at Great Beginnings Pediatric & Orthodontic Dental Specialists will strive to understand your needs and surpass your expectations. We look forward to brightening your smile with the same attentive care, gentle technique, and conscientious service that we've given to thousands of satisfied visitors.

Henco Reprographics

54 Broadway St, Asheville, NC, 253-0449 hencorepro.com.

We strive to provide the best customer service; it's what differentiates us from our competition. Henco has grown into a complete digital print shop capable of producing the largest volume of plans and specs in WNC. Additional capabilities: an extensive graphics department producing marketing materials, including banners, posters, brochures, and flyers. With our hands-on approach, we work hard to ensure that each job is done the same, no matter what size or how detailed.

Hickory Nut Gap Farm

57 Sugar Hollow Rd, Fairview NC 28730 7 Days a Week, 9am-6pm hickorynutgapfarm.com, Contact: kelsey. winterbottom@hngfarm.com

Hickory Nut Gap Farm is tucked away in the Blue Ridge Mountains just 20 minutes away from Asheville. Open year round, Hickory Nut Gap Farm offers 100% grassfed and finished beef, as well as pastured pork and chicken, all raised without the use of hormones and antibiotics. Come visit year round for family fun at the Farm! Hickory Nut Gap Farm is a great place for family and friends to experience and take part in sustainable agriculture. Shop the Farm Store, visit the animals, and enjoy a locally sourced lunch!

Starks Financial Group

440 Montford Avenue, Asheville, NC, 285-8777 starksfinancial.com

We look and feel like a small, independent, personalized financial planning and investment management company, because we are. Yet, we have the backing of a leading international financial firm offering our clients research, support and service that have been recognized industrywide. Starks Financial Group provides comprehensive financial planning and investment management for retirees and preretirees. We offer a complimentary first appointment to discuss your financial and retirement goals.

The Eye Center

1 Page Ave, Suite 118, Asheville NC, 253-3533 SeeingAsheville.com

Situated on the exterior of the historic Grove Arcade, on O. Henry Street facing Montford, The Eye Center and Dr. Paul Endry provide comprehensive eye care for all ages. We accept most insurance plans and can provide 1 day turnaround on eyeglasses and contact lenses. Expert Eyecare, fashionable beautiful frames and contact lenses, specializing in sports eyewear, hi-tech retinal imaging and much more.

History At Hand

Asheville NC, 777-1014 history-at-hand.com

History@Hand offers five unique walking tour experiences: Montford Historic District, Biltmore Village, Riverside Cemetery, Downtown architecture and history and The Family Store which focuses on the history of Asheville's Jewish community and downtown businesses. A history revealed through stories and sites. "Comprehensive and Entertaining." Visit our website or call to schedule a tour.

Wake the Foot Sanctuary & Shop

1 Page Avenue Suite 115, Asheville, NC, 575-9799 wakefootsanctuary.com

The concept, although unusual, is really quite simple & familiar. Come in, cozy up on a couch or chair, and slip your feet into a luxurious warm soak of your choosing. Sink deeper into relaxation and well-being by selecting one of our signature addon massages (like a foot and lower leg, or a head, neck, and shoulder massage) to enjoy during your visit. Choose from a variety of our unique teas to sip during your treatment, snuggle up with a good book, or just come by and escape the day. It is a day spa experience for your feet that will also awaken your mind AND soul.

Brian C. Hunter, CPA, P.A.

125 Cherry Street, Asheville, NC, 232-1130 bhuntercpa.com

Brian C. Hunter, CPA, P.A. is a firm of Certified Public Accountants and consultants located here in the Montford neighborhood. Since 1995, we have provided personalized attention to tax, accounting and financial planning matters for business and personal clients throughout the eastern United States. Our services include special emphasis on rehabilitation tax credits, conservation easements and services for creative professionals.

Crows: Naughty Ninjas

Cherie Morris

There's something about crows — black, menacing ninjas, muttering "Nevermore." Personally I'm a crow lover and I will try to convert you — resistance is futile!



Caw! Caw!

Yes, they can be noisy, but so can humans when we get together. Like many of us, crows are very social and surprisingly family oriented. Let's start with the "caws" that seem most prevalent early in the morning. This is the standard communication that serves as greeting, warning, general gossiping, kids arguing and males bragging. In April the communication will change to a higher pitched whining when the females are stuck on a nest and saying, "FOOD! Over here, dear!" Dutifully, dad and his family helpers will deliver a tasty morsel. Extended family groups often include kids from previous broods, parent's brothers and sisters and occasionally neighborhood "adoptees." Family groups can number as large as 15, and the kids often hang around for years, squabbling and playing. Sound familiar?

Extremely Intelligent Birds

Crows are opportunistic feeders, basically omnivores. They're also part of nature's clean-up crew, darting expertly into traffic, tidying up remains of more unfortunate and less agile neighbors. Super intelligent, crows can mimic human words and a variety of sounds. Curiosity, not always an advantage, leads them to inspect shiny objects and often collect them in nests which have yielded spare

change, nuts and bolts, and lost earrings. Years ago, as a docent at Chicago's Lincoln Part Zoo, I became fond of a rescued crow, no longer able to fly. He was dubbed Edgar Allen Crow and quickly became a favorite resident. He loved to wolf whistle at all the girls and could deftly mimic a barking dog causing frequent confusion in the bird enclosure! Then he enjoyed a good chuckle (oddly similar to his keeper's) at our expense.

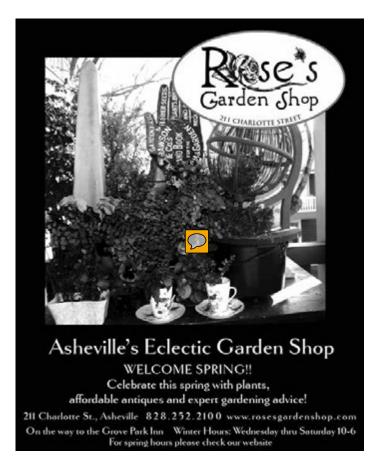


Local Crow Bar

MONTFORD

If you would like to observe crows more closely, having mature trees in your neighborhood is helpful. Leave a pile of small sticks and dryer lint for nesting. To create a local "crow bar," try tossing some food scraps in a location where possums and raccoons can't reach them or leave some shiny pennies in a birdbath or feeder. Normally crows are not visitors to seed feeders but curiosity (or juicy grapes!) can attract them. If you should glimpse a wing tag on one, be sure to notify the Cornell University Ornithology Lab. They love to know where their tagged birds land!

Next issue: the mockingbird, avian defensive tackle.







Natural Neighborhoods: Sustaining Trees in Montford

Lisa Wagner, Montford Resident, Former Director of Education, South Carolina Botanical Garden, Clemson University

We live in a historic neighborhood with abundant trees, but they weren't all here when Montford was established over a century ago.

The next time you're walking or driving in the neighborhood, notice the diversity of our urban forest canopy. Can you spot the mature scarlet and white oaks, Eastern hemlocks, sycamores, Eastern white pines, black cherries, and red maples? Or, you might recognize favorite ornamentals such as Norway spruce, European linden, or flowering cherry. These trees make up much of Montford's urban forest community, certainly its canopy, and provide a natural diversity of habitats for birds, pollinators, and other wildlife.



Many of the largest trees were probably planted early in Montford's history by

homeowners or were street tree plantings included as part of early development efforts. (A walk through Riverside Cemetery or a visit to Biltmore Estate provides an excellent introduction to the kinds of trees that were being planted at the time; many are still planted today). A venerable ginkgo on Cumberland Avenue probably reflects a homeowner's enthusiasm for the species; it's now a huge tree, delighting us with its size and fall color.

What can we do to promote the health of the urban forest in Montford? The City of Asheville, Asheville GreenWorks (a community-based non-profit), and other organizations continue to plant trees along streets and in parks, but as residents, we have an equally important role to play.

Carefully Replacing Trees and Shrubs

As we lose trees and shrubs for various reasons, we have



the opportunity to replace them with equally species-rich arrays. We have excellent choices available, both native and non-native. When space permits, long-lived native trees such as oaks, tulip poplars, and sugar maples help re-knit the ecological backbone and functioning of an urban neighborhood. If smaller trees are more suitable, there are good choices for natives and non-natives alike (see the species list in the Montford Historic District guidelines, available on the City of Asheville's website, for suggestions). Our

lot sizes differ as do the character of the streets in our neighborhoods, but choosing to add trees and shrubs that diversify our landscapes is a key determinant of long-term neighborhood forest health.

It Matters—Attentive Planting, Diversity, Mulch

We can continue to make Montford a more natural neighborhood through creating healthy landscapes which incorporate a diversity of trees, shrubs, and perennials, providing natural habitat for a variety of birds, insects, mammals, and other animals, while providing an abundance of nature for human inhabitants and our companion animals.

My garden group recently mulched a small planting spot next to the Montford corner store;

it's adjacent to the recently installed stoplights and median curbs, so it's a small step toward making the intersection more attractive. There are lots of opportunities in our neighborhood for additions of plants, large and small. Let me know if you need any suggestions!

Lisa's blog: naturalgardening.blogspot.com/





Dog of the Month: Argos from Sylvan Avenue

Sue Russell

Argos, named for Ulysses' loyal pooch who waited 20 years for his master's return, graces the lives of Jim and Roxanne Semon. Approaching 16 years of age, his gait is slow these days and the back legs shake a bit. But one thing that doesn't shake is this old gentleman's disposition--gentle, dignified, patrician even.

Argos had a rocky start in life, was found dirty, hair matted and alone on a country road in Ohio. Jim and Roxanne were looking for a new dog when they came upon him at a local shelter. He put a full court press on Roxanne to take him home. Literally. He pressed up against the cage and when he finally got out, crawled up into her lap. He was pretty big, even then as a yearling, but he won the case. He's been with the Semons ever since.

Argos has lived with runners and became one too, really enjoying a spin. If you've lived in Montford for awhile, you might remember seeing him glide by. He's also enjoyed swimming but when it came to retrieving, despite being largely retriever, it was no dice. Balls laid at his feet or then gently tossed were regarded quizzically. And that look, that he pulls out from time to time--his "Socrates" look with some lateral head moves and a comprehending look emanating from those gentle eyes. The Semons attribute his current pretty good health and strong heart for his age to his running. Just like for the humanoid, exercise must do good for the canines, too. So, here's to you Argos. We salute you and are glad Dog of the Month could start with such a good dog.



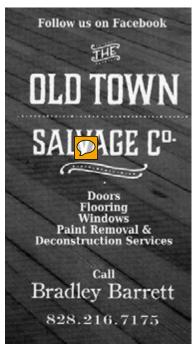
Young Argos Enjoyed Motoring

(Note: *Dog of the Month* is a new feature. Montford is made up of people, old houses and of course, our dogs. If you have a canine you want to suggest for *Dog of the Month*, email suegrussell@att.net)

Volunteer!

To help with the Montford Music and Arts Festival contact Kim Kennedy at 253-3714 or kkennedy@ashevillenc.gov.













Ninja Egg suprised to find itself in an Easter Basket



MONTFORD

Movin' Around Montford

By Sue G. Russell

If you're out strolling, walking for your health, or just want to get the uplift a brisk constitutional gives, you can't do much better than a walk up/down Chestnut Avenue. Keep your eyes peeled and you'll see the cutest thing, cute TOTALLY being an overused word but, gee, how else can you describe these little stone birds perched on fence posts?

But wait, that's not all. To weather the winter, these little birds sport crocheted neck scarves and toboggans. And, lovingly made by a neighbor. Now, that's what you call neighborly. And gosh-darned cute.



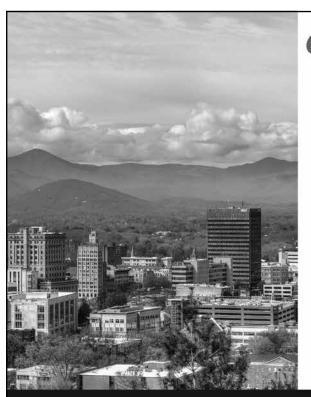


Montford's Massage Therapy Studio 25% Off for all new clients! 828-225-5825 unityhealingarts.com 15 Zillicoa St. 7days a week









66 It is just that kind of insider knowledge and proactive stance that makes Margot an excellent broker. She is very professional, she's patient and she is highly energetic. -R. Campbell

Give me a call today! I am here to help with all your real estate needs.

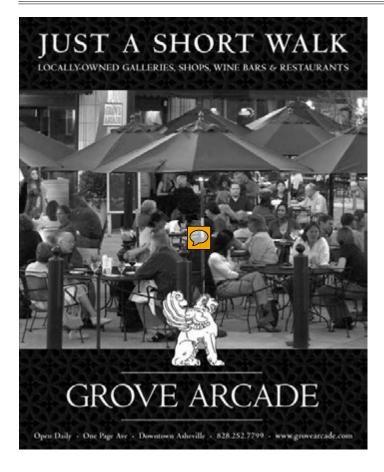
MARGOT SUTTON

Residential Broker Associate 908-500-8235 margotsutton@beverly-hanks.com

Beverly-Hanks & associates, realtors



beverly-hanks.com





One of this year's Easter egg hunt

Resource Directory

Advertise in the Resource Directory

Send a brief description (30 words or less) and contact information. **More than 1,500 newsletters** are distributed monthly throughout the neighborhood and are also available on the **Montford website** and at the Pack Memorial and North Asheville Public Libraries. Call 258-2207 for more information.

Daoist Traditions College of Chinese Medical Arts

- 382 Montford Avenue 225-3993 (school)
- 253-8669 (student clinic)
- www.daoisttraditions.com

Low cost acupuncture care at our student acupuncture clinic. Call for more information.

House Histories

Learn the story of your house. Who lived there, who owned it and what they did for a living.

• For more information call Sharon at 777-1014

Historic Walking Tours

For by-appointment walking tours of historic Montford, Riverside Cemetery, and downtown Asheville, call 777-1014. A self-guided CD or downloaded MP3 tour of Riverside Cemetery is available online at www.history-at-hand.com Cemetery tour CDs are also available at the Chamber of Commerce Visitors Center or by calling the number above.

Hansen Stiles And Associates

• 117 Cherry St • Asheville, NC 28801 • 255-5227 Montford Residents Investment Company on Cherry Street—Financial Planning Consultants, Investment Securities

Live-in senior care.

Recently moved from Yellow Springs, Ohio. Experienced caregiver, cook and musician, available also for inside and outdoor work. Female with a warm personality and excellent references.

• Call 937-838-5054.

Smart Feller Tree Works

• Ira Friedrichs • 545-5503 (NEW cell) • irafriedrichs@gmail.com Down trees got you down? Contact us for all your tree removal and pruning needs! We are locally licensed and insured. Please call for free estimates. Montford references available. Thanks.

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• Call your neighbors, Leslie and David Humphrey 277-5164







Just Like a Good Neighbor, We Know What You Need!

Being a good neighbor means learning what we can do to make the neighborhood better. That has been our mission at your Merrimon Avenue Ingles and we have had a lot of time to learn. We have grown right along with you. So come by, and see what we have done to the place... We are sure you will feel right at home!



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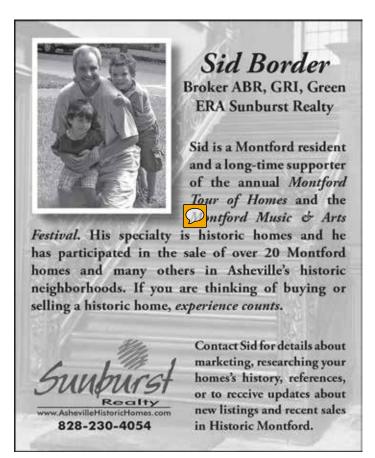


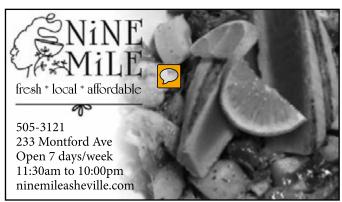
Earn Unlimited Gas Savings!

First Signs of the MNA Sign Grant Program

Look for new signage at One Click Fix, 438 Montford Avenue and also a dramatic new sign at everyone's favorite Italian Restaurant, Montford's own Chiesa. The debut of the Chiesa sign will be accompanied by one of Chiesa's unique pot luck suppers. The sign face comes from local sign company Cheadle's and the spoonshaped hanging bracket is a project of Shooting Star Forge. This fun event is likely late April, early May.

Are you a Montford-based business? Want new signage with a 50% buy-in from the Montford Neighborhood Association? Contact Sue Russell, 778-7747 or suegrussell@att.net.







Historic Resources Commission of Asheville and Buncombe County

Montford Action Agenda, March 9, 2016

Item And Summary and Action

139 Montford Avenue—Construction of new accessory structure	
246 Montford Avenue—Retroactive approval for metal roofApproved	
135 Flint Street — Removal of existing rear deck and construction of new rear deck and screened porchApproved	
23 Tacoma Street — Construction of new primary structure	
Go to ashevillenc.gov for the full approved minutes after the following month's meeting.	ıg

Tentative Agenda, April 13, 2016, 4pm

New Business

- 32 Soco Street—Removal of existing metal shingle roof and installation of asphalt shingle roof
- 45 Pearson Drive—Construction of rear addition, rear screened porch, and side entry porch
- 8 Short Street—Construction of new two-story primary structure



Where are all the eggs?



Parrish Rhodes

Continued from front page...

In addition, Parrish contributed to the Montford Music and Arts Festival every year, and listened to the music from her front porch. I believe she contributed what the bible calls the "widow's mite"—a small gift that means a lot considering the modest means of the giver.

She was a cool, artistic, generous woman.

Jennifer Thomas of the former Walk-In Bakery on Westover:

Parrish found my bakery after I advertised it in the Montford News. She didn't waste time becoming a regular and trusty customer ordering granola every week along with rye or sourdough whole wheat. She would alternate the slices of bread in the freezer for variety. Of course I would always get drawn into long conversations with her. . . . I must say that every time I saw her my encounter was always unique and stimulating. She was never banal.

But the first meeting with Parrish was about 20 years ago at the Montford laundromat which preceded Nine Mile and Pyper's Place. Our washer was broken and I was settled in the laundromat for several hours. She was there hanging out waiting for her laundry, sketching or reading or just being friendly.

An Accomplished Woman of Many Interests

Lively and inviting, cussing hard and laughing harder, Parrish was a beautiful tribute to creativity and original thinking. She was comfortable living alone. That said, she very much enjoyed a good conversation, about cooking, jazz, painting, movement, books, or the environment and our carbon imprint. She was adamant that we as a community should not feel powerless, and wrote to local papers about climate change, what we as a community could do, never just a complaint, always gentle, well researched, substantive.

Parrish played jazz on her keyboard with abandon, having played the piano all of her life. She was often frustrated that she couldn't find difficult enough sheet music. Her daughter Heidi said she handled knitting the same way. Not able to find patterns challenging enough, she'd just go it alone and make them up.

From a review by Parrish on eBay:

"Probably my favourite collection of all times. Almost every number makes me smile with delight - Pascal Wetzel's transcriptions are luscious - wish I could find more from him. I leave the piano with a grin on my face and goosebumps on my arm. I only play Brubeck, McPartland, and Bill Evans now, after about 50 years of classical playing. Didn't do a lot of grinning with Mozart or Beethoven..."

From an exhibit flyer in 2004, Asheville Gallery of Art, where Parrish's art was being exhibited:

"Out of this World consists of a series of watercolor paintings on canvas and paper, based on views from the Hubble telescope, NASA, and other astronomical sources.

Rhodes taught herself to paint in the 1980's to express her delight at being on the Isle of Wight, a small island off the coast of England. In the mid 1990's she moved to New Zealand to study the Maori language. While there she began teaching watercolor classes at the local art clubs, and exhibiting and selling in local art galleries. Rhodes has painted and exhibited in England, Australia, Canada, and Germany [and more recently in Asheville and Hendersonville].

She became well known for the success of classes she taught in "right brain" drawing, basic watercolor, and experimental watercolor. Rhodes firmly believes that Betty Edwards' "right brain" approach should

be learned and taught by all elementary school teachers so that children will grow up with creativity as an integral part of their consciousness."

Her Early Days On Stage

Heidi told me a story about when Parrish played a lead role in *St. Louis Woman* at the Nashville Community Playhouse in 1952. She had been courted by Nashville theatre, though any long-term success wasn't to be realized because Parrish's mother



wouldn't hear of it, and she had to move back home. The musical was a collaboration between Harold Arlen and Johnny Mercer. Parrish played Lila, one of the leads. The co-authors of the book *St. Louis Woman* were Arna Bontemps and Countee Cullen. Cullen was a black man, and when he and his wife showed up at the theatre (facts here cannot be checked—it might have been Mrs. Countee Cullen alone), they or she were not admitted entrance due to their skin color. When she heard that this was happening, Parrish refused to go on that night, until Cullen was then given a seat (although at the far back of the theatre).

Parrish Rhodes' To Do List

Finally, I end with something Parrish's daughter found while sorting



through her things. As Heidi said, it's more of a bucket list (this isn't exhaustive, and I wish I could share it in her own handwriting):

- go on a helicopter
- hot-air balloon
- glider ride
- learn to sail (done)
- have an exhibition in the U.S. (done)
- ride Concorde First Class (crossed out because one can't anymore)
- ride First Class internationally (done)
- learn to play the flute (done)
- play piano for an audience (done)
- own an electric car
- ride on a Harley Davidson
- see the whales
- learn hypnosis
- see/participate in a Christo happening (she wrote him a letter, but never heard back—they conjectured Christo thought she was too old)

I'm not sorry Parrish left so swiftly after her illness; she wanted it that way. But now that weeks have passed, the reality that we're not going to have coffee (she'd say her daughters thought she made lousy coffee, but she didn't mind!) over lively talks in her sunny living room about crazily divergent topics, we're not going to shop at Green Life, where she would impart ideas and wisdom only a true foodie could know—those are in the past. As talented and young-hearted and worldly as Parrish was, she was also a truly comfortable person to be with. Our tattooed 84-year-old friend is gone, and I just want to say, Christo got it wrong.



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