



# MONTFORD

THE NEWSLETTER OF ASHEVILLE'S MOST HISTORIC NEIGHBORHOOD  
Vol. 22 No. 2  
FEBRUARY/MARCH '17

## Lots Happening on the I-26 Connector Front

### Suzanne Devane

Much has happened since I last updated neighbors about the status of the I-26 Connector project. Following the September 2016 informational forum with NCDOT officials for residents of Montford and Hillcrest, the MNA conducted two surveys—one specific to concerns about I-26 and the second one a generalized neighborhood planning survey. Both surveys demonstrated that there is widespread community concern; in fact, our community overwhelmingly voted in November 2016 that the I-26 Connector is the top challenge the MNA should be focusing on—with an amazing 81% stating it's “very important.”

With that knowledge, we got to work at the MNA Board level. After much discussion on the city-wide impacts of the current highway design, the Board reached a consensus that educating and activating the public about the issue was not an issue specific to just Montford. As a result, the **Don't Wreck Asheville Coalition (DWAC)** was formed with a group of volunteer grassroots activists (including many Montfordians) working quickly to build an informational website [www.dontwreckasheville.org](http://www.dontwreckasheville.org), secure Washington DC-based transportation counsel, and undertake outreach to Mayor Manheimer,



City representatives, and NCDOT about our concerns surrounding the process and decisions made thus far.

As DWAC expected, NCDOT continues to claim that the people of Asheville want the eight-lane multi-highway elevated monstrosity it plans to build despite the data. NCDOT's own publicly available data shows that projected traffic increases between 2014 and 2033 will be minimal.

A detailed chart can be found at [www.dontwreckasheville.org](http://www.dontwreckasheville.org).

In a nutshell, traffic volumes will increase just 11.7% on I-26 south of the Bowen Bridge, 17.3% on the actual bridge, and 25.9% on the part of I-26 running north of the bridge. Percentages are based traffic volume increases between what was traveling there daily in 2014 and what transportation planners project for 16 years from now in 2033.

To put that data in “people terms”—for every 100 cars now on I-26 south of the Bridge, there will be about 110 cars in 2033. For every 100 cars now traveling on the Bowen Bridge, there will be an additional 17 cars traveling that span in 2033; and just 26 more cars over a 24-hour period traveling with the existing 100 cars on I-26 north of the Bowen Bridge! When you understand it in those terms,

continued on page 8...

## Montford Holiday Tour of Homes Exceeded All Expectations

### Cate Sales

The 21st Annual Montford Holiday Tour of Homes exceeded all expectations this year both in our fundraising goals and community involvement! I began working on the Tour in 2002 as a volunteer on the committee when we first moved here, and have spent the past several years as Tour Director. It has been a joy to see the Tour grow over the past 14 years as a neighborhood event that so many look forward to. What started as a progressive party for neighbors has now become a major event for this community. The tour committee rounded up 10 beautiful homes to be featured, and raised nearly \$13000 for the Montford Neighborhood Association. Topping all efforts thus far!

continued on page 3...



Photo Credit: Cate Sales

☾ CALENDAR ☀

**Montford  
Community Center  
News**

**February – March 2017**

**Spring Break Camp**

If you are looking for a fun place for your child to spend Spring Break; consider the Montford Center. We will run a program April 10-14 from 8:30-6pm for \$50 per child; Asheville City Residents receive a \$10 per child discount. The fun will include field trips, games, crafts, special events and the climbing wall. This program will fill, so sign up soon.

**Community Yard Sale**

The next Montford Community Yard Sale is Saturday, April 1 from 8am-1pm. Tables are just \$5 (payable in cash or check) and it's free to shop.

**Calendar**

Table Tennis; Mondays 7:15-9:30 and Saturdays 11-1:30pm, Free

Badminton; Fridays 5:30-8pm and Sundays 9-11am, Free

Ukulele; Mondays 6-8pm, Free

Martial Arts; Tuesdays 5:30-7:30pm, \$15 per person

Community Volleyball; Sundays 11am-2pm, \$5 per person

Community Basketball; sundays 9-11am and Sundays 5:30-7:30pm; Free

Family Hours; Thursdays 3:30-5:30pm; Free

Chair Yoga; Fridays 10:30-11:45am; \$10 per person

*Thank You Kim!  
The Community owes  
you a great debt.*

After 12 years of running the Montford Center, I am saying good-bye so I can focus on new challenges at the Stephens Lee Recreation Center. Words can't express how much this neighborhood has meant to me and I will always appreciate the kindness and support you have shown not only the center programs but myself as well. You are an awesome group of people!! Please welcome Shana Kriewall who will be the new facility manager. She will introduce all the new staff in the next newsletter!!—Kim Kennedy

Contact Shana Kreiwall at Montford Center, 253-3714.

**5 Useful Dog Training Tips**

**Jor Sutton, A Good K9 Camp**

Positively training dogs starts by emphasizing and marking what they are doing correctly. Repetition and timing are essential to success. Communication is most effective when it is fun and focused on their abilities. Pointing out unwanted behavior can accidentally encourage it. We can learn to emphasize what we like instead of pointing out what they are doing wrong. Five ideas to keep in mind while raising dogs are:



- ❶ Teach through fun games and experiences. Similarly, make structured training rewarding.
- ❷ Puppies are capable in so many ways. It is easy to overestimate their abilities and then have unrealistic expectations. Learn the developmental phases and hormonal changes dogs go through.

- ❸ Dogs learn quicker when you mark behavior with a clicker. You simply pair the CLICK with something of high value (a treat or a toy). Why? Because that sound alone has no intrinsic value.
- ❹ Make sure and take baby steps with training. For example, when teaching fetch, at first throw the object just a few feet away.
- ❺ Be prepared to teach in increments. For example, you can “lure” a dog into learning how to swim by first establishing a strong fetch drive. Then throw the object progressively further into the river at a place where the depth increases gradually. This way the dog can go from walking to accidentally swimming.

Need more tips? Call Gail Hubbard 828-712-4245 or Jor Sutton 828-777-1450

**Tour**

Continued from front page...

The committee this year worked hard to make improvements to the Tour to ensure that the event continues to be a great experience for all. The effort involved in preparing for Tour day takes committed individuals willing to get a lot of details mapped out. The new street banners coordinated by committee member Sue G. Russell lined Montford Ave. and hailed the return of the Tour. They certainly added to the festive feel of the neighborhood. The banners will be put up annually, marking the return of this Holiday event. Committee member Terry Peters did a great job of lining up sponsors and making sure that they were properly represented throughout the Tour. Sponsor involvement helps tremendously with Tour expenses. Thank you sponsors for supporting this event! Cudos to Ellen Nutter for her PR skills. Broadcasting Tour information is key to ticket sales, and Ellen did a great job of getting the word out. WLOS, the Laurel, the Citizen-Times, WNC Home and many more publications promoted our event thanks to her efforts. Committee member Susan Eggerton kept us on budget, and offered much help in the inner-workings of this event. The Tour could not happen without the help of countless volunteers. Bakers turned out by the dozens, offering delicious home-baked treats that were gobbled up by tour-goers. We are grateful to our many docents, and to committee member Joan Miller for

coordinating this important piece of the puzzle this year. You all did a wonderful job of helping homeowners with over 400 guests in both offering information about the homes and keeping an eye on things for them throughout the Tour. Thanks to designer Ross Terry for making sure our website was up and running and up to date. A big thanks to Vic and Sharon Fahrer for again hosting the fun "Tour After Party," a

**"Thank you and the rest of the committee members for your hard work and ongoing efforts to make this a great event. While volunteer hours for many of us are limited to the afternoon of the Tour, the committee members work extends months before and after the 'day of.' Much appreciated!"**  
 - Bonnie, Docent

highlight for volunteers, homeowners, and sponsors to wrap up Tour day. The pickle soup was a hit!

To the homeowners who generously opened their residences, wow! The attention to detail in each of your homes was incredible. We received

many comments about the beautiful spaces, designs, and ideas that your homes have inspired. As several of us on the committee have had our homes on the Tour in year's past, we understand how much work you put in to making things ready for Tour day. Thank you for sharing your homes with us. Well done!

**"Just wanted to let you know that we thoroughly enjoyed the tour, seeing the homes, the neighborhood, and meeting all of the folks. We stayed for dinner in a local restaurant!"**  
 - Leah, Greenville

**"FYI - the tour was great. Even my husband thoroughly enjoyed it. Hope to do again next year. Thank you again!"**  
 - Sandy, Brevard

Guests are always pleased to peek inside the neighborhood B&B's. This is the first year that The Pinecrest Inn has participated, and they opened up the entire home. It was great to finally see this historic home, and to have the opportunity to get to know the new owners. Welcome to the neighborhood!

Abbingtion Green hosted our refreshment stop again this year, with no shortage of Holiday spirit. Santa, elves, and the most amazing collection of Holiday décor around!

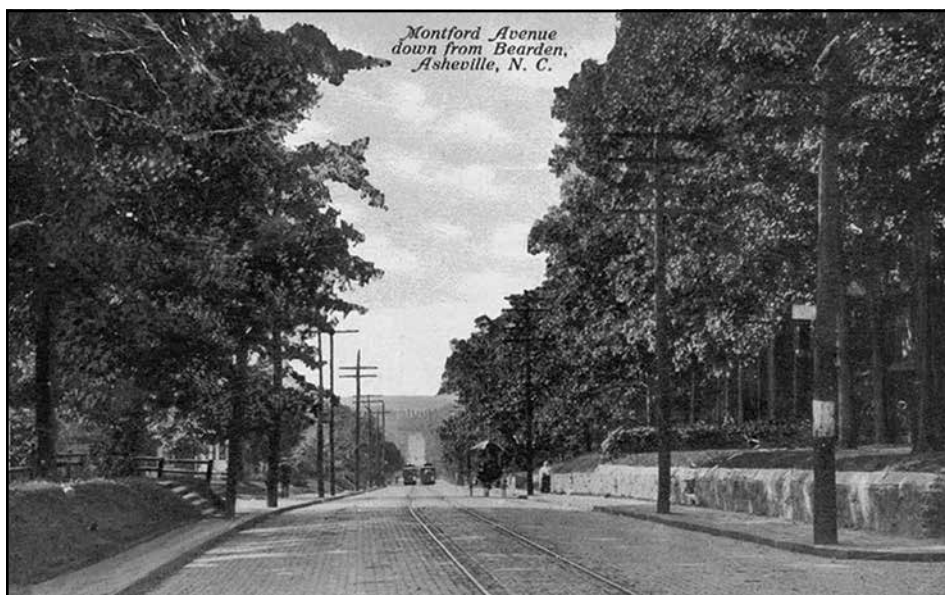
If you are interested in participating in next year's Montford Holiday Tour of Homes, please contact the MNA board for information. For additional information: [www.montfordtour.com](http://www.montfordtour.com)



Photo Credit: Sue G. Russell

## Discovering Montford's Early History

**Zoe Rhine, Special Collections Librarian, The North Carolina Room, Pack Memorial Library**



Looking north from the head of Montford at Bearden; cobble street, trolley tracks, horse-drawn carriage with umbrella (probably indicating a street vendor), woman standing on street nearby and two streetcars in distance. Circa 1907-1910.

A couple of years ago I set out to see if I could find the origins of the name Montford. I pretty much figured I was in for a long haul. Many people have pondered the question: who named it and why was it named Montford?

In 1976 when Montford was getting a lot of deserved attention from being placed on the National Historical Register, Bill Moore a Citizen's staff writer took several stabs at the origin of Montford's name. Colonel Montford, a veteran of the War Between the States seemed a possibility, but records found that no such person existed. The librarian at the North Carolina Room was consulted, Sarah Upchurch, the chronicler of the Montford area was questioned, as was local historian Dave Bailey. "But there were no answers." Colonial Paul Rockwell said that at one time there was a ford across

the French Broad River near a promontory called simply "the mountain" or "the mount." He surmised then the ford was called Mountain ford or mountford.

And then a week later Bill Moore assumed he had it wrapped up when someone brought him a copy of the book, "Historical

Sketches of North Carolina," by John H. Wheeler published in 1851. Moore says the book mentions a Joseph Montford (actually spelled with the variant "Montfort" by Wheeler) being listed with the Halifax District at the Provincial Congress that met at Halifax in 1776, and sites further references to him in this book, which I was not able to find. At any rate, Moore decided if Asheville could take the name of a governor of North Carolina, Samuel Ashe (even though Ashe died before being inaugurated), then why couldn't a little village in Buncombe County take the name of this Colonel? (Asheville Citizen 1/14/1977, 1/21/1978)

The community first learned about the development of a new community on June 10, 1890 in the Asheville Daily Citizen.

The article (shown below) also mentions that The Asheville Loan, Construction and Improvement company (ALCI) started out with a paid up capital of \$300,000 and the officers were: President, George S. Powell; treasurer, W.W. Barnard; secretary, M.J. Bearden, with Board of Directors: George S. Powell, Richmond Pearson, J.S. Adams, T.H. Cobb and J.E. Rankin. These were no outside investors, but all respected businessmen of the city. Of special note in this article is that the acreage for the new suburb included property on the west side of the French Broad; note also that at this first announcement the name of the passenger depot is given as Montford Park station.

Less than a year later (and a lot of development not yet mentioned), on March 31, 1891 an article was published in the Asheville Daily Citizen announcing an

**, JUNE 10, 1890.**

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**JUST LOOK AT THIS.**

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**AN IMMENSE DEAL CLOSED TO-DAY.**

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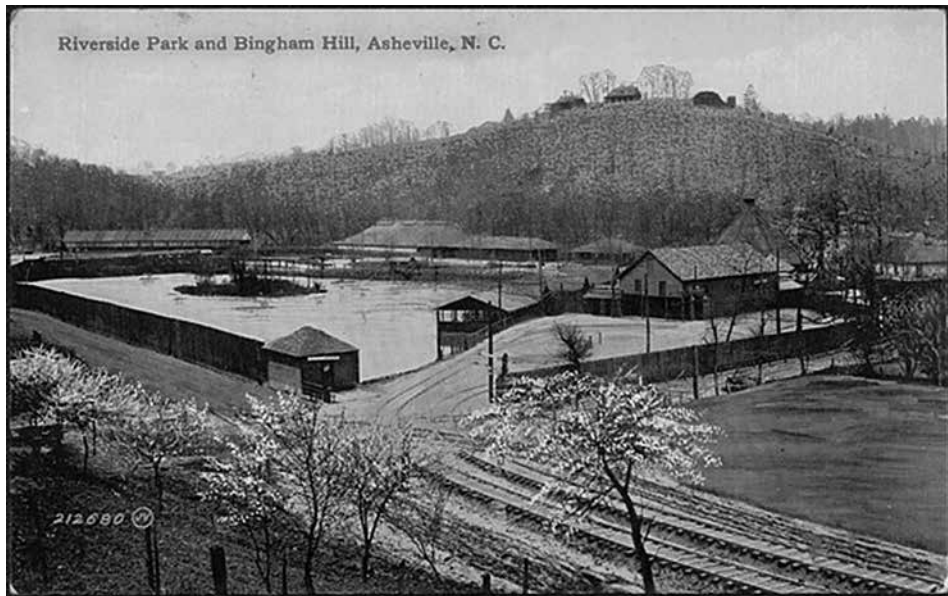
**A TWO HUNDRED AND FIFTY THOUSAND DOLLAR HOTEL.**

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**One Thousand Acres of Land to be Made a Garden Spot— Artificial Lakes.**

**The Asheville Loan, Construction and Improvement company closed a deal to-day for 1,000 acres of land in and around Asheville which will be laid out in parks and lakes, with drives and electric cars running through the property. It will be subdivided into fine resident lots. Included in the purchase is part of the renowned Richmond Hill tract. The company have closed contracts for the building of a lake to cover seventy-five acres and a passenger depot on the company's grounds to be known as the Montford Park station.**





Riverside Park, with Bingham Hill in background. Dogwood trees in bloom.

improvement to the property, saying “there had long been an agreement between the ALCI and the Richmond and Danville railroad (which operated the Montford Park electric railway), that as soon as the buildings for the Bingham School were completed that a side track would at once be put down at Montford Park station to accommodate the school. The article also, for the first time, reports that “for the privilege of naming the station, Mr. Richmond Pearson, last summer, agreed to erect a station building to cost not less than \$2,000.”

Images Courtesy of Special Collections, The North Carolina Room, Pack Memorial Library.

Well, now we know who named Montford. And I did find why Pearson named it Montford, but I also found a lot of other interesting early history of Montford along the way. More surprising details on the creation of this historic neighborhood to follow.

These findings were first published in the Montford Newsletter in September 2013. View the issue at this address: [montford.org/wp-content/uploads/2013/09/Mont\\_sept\\_13\\_v3\\_web.pdf](http://montford.org/wp-content/uploads/2013/09/Mont_sept_13_v3_web.pdf)

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## Dr. Mary Frances (Polly) Shuford Interview



**Dr. Shuford greets neighborhood youngsters of Stump Town, as they gathered in front of house she had years before converted into Shuford Colored Clinic, where the black residents of Asheville could receive needed medical care. A friend's gift of \$15,000 made the clinic, which opened in 1940, possible.**

**Photo by Bert Shipman/Asheville Citizen-Times Archive**

“[As far as women doctors in Asheville,] Dr. Margery Lord was here. [Dr. Margery Lord, City Health Officer for fifteen years from 1939-1954] And an eye specialist had been here. Dr. Merrimon. She fitted my first glasses when I was just a little girl. It wasn't striking out for woman's liberation at all, not at all. I studied medicine because I was interested in it. Because it was a challenge, and I wanted to know.

... “In '35 I think I opened up my office. But it was awfully hard to get started because it was during the depression and, well, I couldn't get work anywhere. I wasn't known here as a physician. And Northern Hospital [where I had interned] was a small hospital, and small private hospital. They had no room for another physician on the staff.

“And Dr. Ingrathaw, Louise Ingrathaw, was really very friendly and helped me. But what I did, I'd been a laboratory technician before, so I opened up a laboratory first and to be sure that I'd have enough money to make it on I asked around to see several doctors.

“And they paid me so much a month to do all their work, no matter what it was. It wasn't on a fee basis. They just guaranteed me so much work a month. And I got started like that.

“But then, you can't do two things. As soon as people started coming to me as patients, the doctors didn't want me to do their

laboratory work. And I can understand that. I couldn't do both. I either had to specialize in pathology, in the laboratory work, or I had to be a physician. Well, I wanted to be a physician. I didn't want to do the laboratory work. I studied medicine to get out of that.

“Well, in a year or so, I think I stayed in that laboratory, maybe I would say two years, and then Louise Ingrathaw said she couldn't work, she couldn't work very hard and if I'd come and do her laboratory work, she would give me, let me have part of her office, and there was space during the day, and she wasn't there, and when she wasn't there, I could see patients. And then anything that she didn't want, she turned my way, which, that was the way to get started, you know.

“And the first thing she turned over to me was at six in the morning, a colored girl had phoned her that she had a very bad pain, was nauseated and very sick. And the lady she worked for said she was extremely sick, and would Louise come to see her?

“Well Louise phoned me and said, ‘Well, here's a case for you. You can go to see this girl.’ And she was in the servants' room, she spent the night there, in her employer's home. So I went out to see her; inexperienced as I was, it was easy to tell it was appendicitis. Then I tried to get in the hospital here in Asheville, and that's another story.

I didn't want to give up my entire practice right at the hospital door and that's what it would have been, because the colored people could get in the hospital if they had the money to pay — but they didn't have a dime.

“At that time, it was in the, well, I started the laboratory in the Flat Iron building because there were physicians there who gave me work to do. I moved to the Haywood building with Dr. Ingrathaw and after she had to retire, the firm she was with, other doctors from that office wanted the whole office, so I moved farther down the hall in the Haywood building, and then I moved to the

Arcade building. Then war was declared and the government took over the Arcade building for the war effort and then I moved up to the Weaver building, and there I stayed until 1962.”

Excerpt from post by Dave Tabler, November 22, 2016  
 Appalachian History ([appalachianhistory.net](http://appalachianhistory.net))

Jan 12, 1975 interview of Dr. Mary Frances (Polly) Shuford (b. 1897)

Southern Highlands Research Center, Louis D. Silveri Oral History Collection, D. H. Ramsey Library Special Collections, University of North Carolina at Asheville

“I studied medicine because it was a challenge, and I wanted to know”



# Unique Bus Shelters on the way...

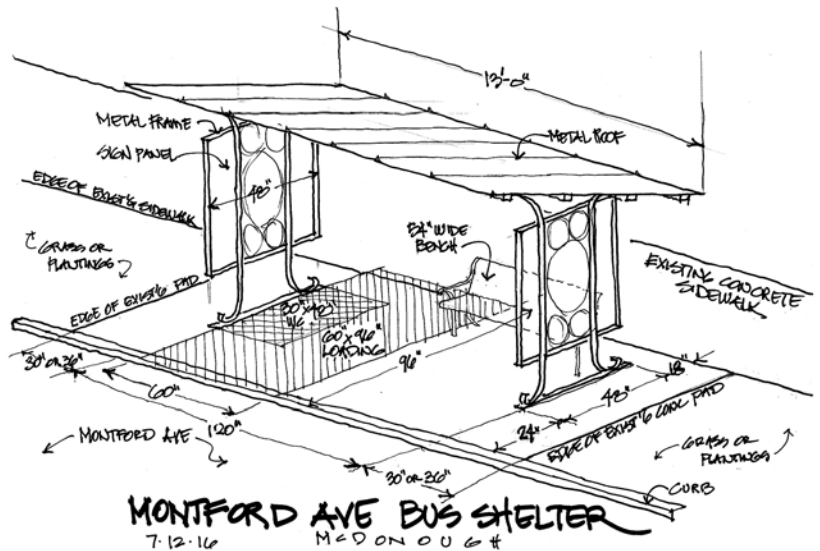
Sue G. Russell

It's been awhile since local architect Michael McDonough first looked at the line of craft kiosks at the Grove Arcade and wondered, could that form translate into a bus shelter? Well, sometimes good things take a while to spark to life. Fast forward, and two concrete pads are already in place as part of the Montford Avenue bus shelter intersection project. They are located on Montford, northbound and southbound, at Soco and at Cullowhee, and beg for something special—not just the generic shelter seen at other locations. Soon the neighborhood will be glad the creativity muse visited McDonough, who later committed his design to paper.

Early last year, the Montford Neighborhood Association (MNA) began a process to enable the unique bus shelter design to spring to life. The MNA consulted with the City's Transportation Department and they agreed to partnering with the MNA. Design meetings ensued with MNA personnel, City staffer Ely Mathes and Tina Council (owner of Iron Maiden Studios, a potential fabricator.) Approval from the Historic Resources Commission (HRC) was a must and that was obtained mid-summer. Formal acceptance began with Transit Committee acceptance followed by the Mayor and City Council stamping their approval.

The approved project is being undertaken as a partnership, the MNA and the City, with a total cost of about \$25,000, split between the two. The shelters will likely be in place by spring of 2017. In addition to their distinctive look, the shelters will feature panels showing Montford's historic past through images and text. These panels are being written and designed by historian Sharon Fahrer and MNA Board member and newsletter editor Ross Terry.

Look for a new "old look" if you will, likely later this spring here on Montford Avenue. We'll have a bit of a celebration to commemorate a project involving the collaboration of a lot of people. Stay tuned for details.



Architect Michael McDonough's bus shelter concept

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## I-26

Continued from front page...

it makes it all the more ridiculous to think that the State of North Carolina would spend nearly \$1 billion in state and federal tax dollars to build the three-section six/eight-lane I-26 Connector that creates a spaghetti bowl jungle of highways, retaining walls, and noise walls at the western edge of our beautiful downtown.

Just imagine how nearly a decade of highway construction delays will impact the viability of all the hotels, restaurants, breweries, music venues, and stores that depend upon strong tourist traffic to thrive. After all, starting off a weekend getaway to Asheville won't look quite as attractive when you know you'll be sitting in bumper-to-bumper construction before enjoying your mini-break!

DWAC is happy to say we're making some headway with City officials thanks to the receptiveness of Mayor Esther Manheimer to our suggestions. Based on our input, the City will be contracting with a multi-disciplinary consulting firm to undertake its own

assessment of the I-26 Connector impacts so City officials can negotiate with NCDOT from a position of strength and knowledge. (See City Resolution No. 16-278 dated December 13, 2016, on the DWAC website.)

While these are the positives, we received some bad news when NCDOT announced in local media on January 17 that it is going to be fast-tracking the I-26 project by bonding the construction costs against future federal transportation dollars and contracting the construction through a "design-build" process. In response, DWAC has sent a letter to the city requesting that it make an official request to the transportation team appointed by newly elected governor Roy Cooper to place any additional planning for I-26 on hiatus until the Asheville consultants have been retained and can assess NCDOT's plans and their impacts on Asheville.

So, stay tuned. Get involved by going to [www.dontwreckasheville.org](http://www.dontwreckasheville.org). Together, we can defend Asheville against the I-26 Godzilla Highway!!

## A visit to Savannah *Thunderbolt Geechee Stew*

This version of Geechee Stew (also known as Shrimper's oyster stew) is associated more with the Ogeechee River fishermen and less with the Geechee/Gullah culture. Shrimpers would cook up a stew pot with whatever they had on hand or caught.

This is a very hearty comfort food and probably should not be a regular part of a healthy diet. Having said that—backsliding on a cold winter's day can be a pleasure. Serves 5 or 6.

### You will need:

½ pound bacon (fried, drained, chopped)	1 pt. blue crab meat	1 pt. raw oysters
5 diced green onions	1 lb. raw shrimp (peeled and deveined)	1 tsp. rubbed sage
1 stalk diced celery	½ cup water	¼ tsp. Old Bay
2 cloves chopped garlic	1 qt. whole milk	Black pepper (to taste)
Tbsp. cooking oil	¼ stick of butter cut in ¼" pats	Tabasco (to taste)

### Method:


Crisp bacon in a skillet, drain, chop and set aside. Keep skillet a little dirty to sauté half the onions, celery and garlic with cooking oil to your satisfaction. Empty skillet contents into a medium stew pot. Add, crab, shrimp and bacon. Stir constantly on medium low heat until the shrimp is cooked and pink (sprinkle in water as you stir to avoid sticking.)

On low heat, add milk, butter, the rest of the onions, oysters, sage and Old Bay. Stir often to keep the milk from scouring. Milk should be steaming hot but not boiling. Butter will melt and oysters should begin to firm after 5 - 10 minutes. Sample an oyster and cook longer to suit your preference. Serve hot with black pepper and Tabasco to taste.

Email your recipe ideas to [ross@krtdesign.com](mailto:ross@krtdesign.com). I'm looking for simple recipes and especially local color.



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**Sid Border**  
 Broker ABR, GRI, Green  
 ERA Sunburst Realty

Sid is a Montford resident and a long-time supporter of the annual *Montford Tour of Homes* and the *Montford Music & Arts Festival*. His specialty is historic homes and he has participated in the sale of over 20 Montford homes and many others in Asheville's historic neighborhoods. If you are thinking of buying or selling a historic home, *experience counts*.

Contact Sid for details about marketing, researching your home's history, references, or to receive updates about new listings and recent sales in Historic Montford.

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## UNC Asheville Begins Site Work at 525 Broadway

Amy Jessee, UNC Asheville

UNC Asheville has begun site work at 525 Broadway in preparation for utilizing the property for overflow parking and material storage during construction projects that will begin in the spring of 2017. Campus Operations staff will mow brush, repair storm drains and install gravel for parking areas. These parking areas, accessible via Zillicoa St., will provide much-needed space during upcoming renovations to Highsmith Union and the construction of a new residence hall on campus.

The university will keep the public informed as these projects move forward.

For more information, contact UNC Asheville Campus Operations at 828.251.6564 or [fac\\_mgmt@unca.edu](mailto:fac_mgmt@unca.edu).




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## Release Party—Habitat Brewing Co.

### Joan Miller

Our relatively new neighbor, Habitat Brewing Co., is soon having a **special release party**. Habitat opened on Broadway between High Five and Moog; many of us have enjoyed its ambiance and local brews.

Owners Matt Addis and Jonathan Myers have put love and craft into its recycled materials interior, and have been waiting on their brewing license. It finally came through, and they (and they hope *we*) are celebrating the whole weekend of February 24, with music and food and, of course, Habitat brews. They are looking to showcase a Stout, a Baltic Porter, an IPA, an IRA, and a Bitter. This reader can hardly wait.

See their Facebook page for the weekly and monthly calendar. A newsletter will be out soon, where you can sign up to get the latest



Matt Addis

calendar of events. Envisioned as a neighborhood commons, as described in Mitch Russell's July 2016 newsletter article, Habitat has a compelling event calendar. Here's a taste:

The **first Tuesday of each month** is Pints with Professors, with a wide variety of topics. Feb 7, Mary Lynn Manns will give a talk on Personal Change and ask us how our new year's resolutions are going. Professor Manns promises we will have fun with this.

**Every Thursday night** will be an open mic comedy night, and on various weekends, improv shows and classes. **Friday nights**, besides beer, you'll find the Grubbers food truck in the lot for burgers, sandwiches, and vegetarian choices. **Sundays** you'll hear acoustic music, and the Shakti Shiva food truck will be parked in the lot for Indian fare.

Matt told me about a development he hadn't foreseen, and is excited by the possibilities. A few book clubs are already regularly meeting at Habitat now. They've been called by several neighbors for large birthday parties (neighbors bring their own cake and treats, and order drinks from the bar). It's obvious the space would lend itself well to retirement parties and wedding rehearsal dinners.



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## Resource Directory

### Advertise in the Resource Directory

Send a brief description (30 words or less) and contact information. **More than 1,500 newsletters** are distributed monthly throughout the neighborhood and are also available on the **Montford website** and at the Pack Memorial and North Asheville Public Libraries. Call 258-2207 for more information.

### Daoist Traditions College of Chinese Medical Arts

- 382 Montford Avenue • 225-3993 (school)
- 253-8669 (student clinic)
- www.daoistraditions.edu

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### House Histories

Learn the story of your house. Who lived there, who owned it and what they did for a living.

- For more information call Sharon at 777-1014

### Historic Walking Tours

For by-appointment walking tours of historic Montford, Riverside Cemetery, and downtown Asheville, call 777-1014. A self-guided CD or downloaded MP3 tour of Riverside Cemetery is available online at [www.history-at-hand.com](http://www.history-at-hand.com) Cemetery tour CDs are also available at the Chamber of Commerce Visitors Center or by calling the number above.

### Hansen Stiles And Associates

- 117 Cherry St • Asheville, NC 28801 • 255-5227
- Montford Residents Investment Company on Cherry Street—Financial Planning Consultants, Investment Securities

### Smart Feller Tree Works

- Ira Friedrichs • 545-5503 (NEW cell) • irafriedrichs@gmail.com
- Down trees got you down? Contact us for all your tree removal and pruning needs! We are locally licensed and insured. Please call for free estimates. Montford references available. Thanks.

### Square Peg Construction Inc.

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- Call your neighbors, Leslie and David Humphrey 277-5164



## Historic Resources Commission of Asheville and Buncombe County

**Public Hearings – Certificates of Appropriateness**  
**Montford Action Agenda February 8, 2017**

### New Business

**117 Flint Street**—Enclosure of portion of rear porch on first floor with glass; railing and pickets will remain and glass will be installed within; enclosure of first floor patio with mesh screening

Refer to [ashevillenc.gov](http://ashevillenc.gov) for the full approved minutes after the following month's meeting.

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# The Bears Among Us

By Sue G. Russell

*I bet they see us, more than we see them.  
 And when we do, we trumpet, our digitals in our hands.  
 "Bear walking down Cumberland, just five minutes ago," we warn.  
 But when they see us, they let us pass, then quietly, move on.*

*And, you know, it's not because they're shy, well maybe, just a bit.  
 It's more just that they know us, and what they know is this:  
**The humans, they are dangerous and unpredictable, too.  
 Think they'll end the world, bears wonder. What are we to do?  
 Nothing much, just keep the faith, intone your nightly prayer.***



**Keep us safe Lord, us from them, their cars and their guns.  
 We are peaceful, we are the bears, and we are always on the run.**

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# October 1995

## A Date Which Will Live in Infamy

Our Newsletter is becoming historic in its own right. This October will mark twenty-two years of the Montford Newsletter. A great deal has changed since that first issue, but the same pride and commitment to our unique neighborhood has remained.

The Newsletter Staff and The Montford Neighborhood Association (MNA) say "Thank You" to these urban pioneers that went before us. Editor: Deena C. Knight; Contributing Writer/Editor: Fairfax Arnold; Support Services: Gerald Green; Layout and Design: Marjorie Grizzle.

# MONTFORD

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PREMIERE ISSUE      THE NEWSLETTER OF ASHEVILLE'S MOST HISTORIC NEIGHBORHOOD      OCTOBER 1995

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### UPCOMING

- October 10, Semi-Annual Bake Sale/Fund-raiser. Please call the Montford Resource Center if you would like to donate baked goods or your time, 255-4946.
- October 11, Historic Montford Meeting at the Greek Center on Cumberland Ave. at 7 p.m. Irbly Brinson, director of Parks and Recreation, will talk about the parks in Montford and take suggestions on landscaping and playgrounds. Everyone is encouraged to attend.
- October 28, Young Artist Contest, beginning at 10 a.m. at the Montford Resource Center. Lunch will be served to participants. Children are to bring their own colored pencils, crayons, or paints. The Resource Center will supply paper. Certificates will be awarded to 1st, 2nd, and 3rd place winners. The theme is "Spooks, Spirits, and the Supernatural." The age categories are: Under 3; 4 - 6; 7 - 9; and, 10 and Older.
- October 31, Resource Center Spook House on Montford Avenue, 6-8 p.m.

## MONTFORD, HOW DO YOUR COMMUNITY GARDENS GROW?

**I**f you've ever passed by the community garden on Montford Ave., or the one on Pearson Dr., and wondered, "How does that work?", you're not alone. Both of these garden programs are coordinated by MAGIC, which stands for Mountain Area Gardens In Communities.

The site on Montford is a true community garden in that anyone in the neighborhood can pay \$20 to reserve a plot of land for one year. On that plot you can plant flowers, vegetables, fruits, or herbs. According to Roberta Greenspan, executive director of the non-profit organization MAGIC, "This garden is operated on an honor system. Occasionally people will take stuff out of it who aren't paying for a plot, but we've experienced very little of that."

Chip Smith, who resides at 91 Elizabeth, put his green thumb to work this year enhancing the exterior landscape of the Montford garden. He planted an abundance of perennial and annual flowers. "My goal is to have all sorts of things blooming throughout the spring, summer, and fall. I used to have a gigantic garden—one that was bigger than the plot of land that my house currently sits on. I just like to grow things. When I'm working in it people come by and tell me how much they enjoy looking at the flowers. That's rewarding. Montford's got all sorts of pretty things here and there, and the garden is

just one more thing that adds to the character of the neighborhood."

The land at the north end of Pearson is designated as a Youth Market Garden. In coordination with the Asheville Housing Authority's Youthful Hand Program, youths living in Asheville Public Housing are growing food and selling it back to their communities. This enables them to learn about gardening, marketing produce, sharing labor, and themselves, says Greenspan. MAGIC works with school systems, low-income populations, youth shelters, homeless shelters, and handicapped groups.

"People think 'Gardening, that's nice,'" she says, "but many don't realize that gardening can create a sense of accomplishment for individuals"

For more information or to reserve your plot in the Montford Ave. garden, call MAGIC at 251-5666.

*Montford's got all sorts of pretty things here and there, and the garden is just one more thing that adds to the character of the neighborhood.*

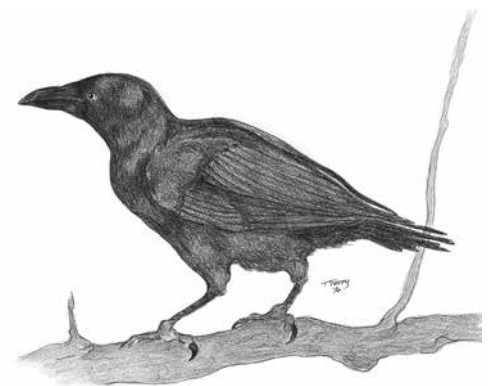
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## Birds in Montford

**The American Crow  
(*Corvus brachyrhynchos*, also known as the Common Crow)**

Attention Montford birders.  
This may be your **Big Year**.  
Share your original photos, art, and encounters in the Newsletter.  
Email [ross@krtdesign.com](mailto:ross@krtdesign.com).

Front page of the first Montford Newsletter. Visit this web address to view all four pages: [montford.org/archive/M1995\\_10\\_01.pdf](http://montford.org/archive/M1995_10_01.pdf)

Montford is published bimonthly by the Montford Neighborhood Association, P.O. Box 7181, Asheville, NC 28802 for the residents of Asheville's first historic neighborhood. The newsletter is distributed by more than 50 volunteers.

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### How to Contact the Asheville Police Department



- For emergencies, call 911.
- For nonemergencies and to report suspicious activity, call 252-1110.
- For the Crime Prevention Division, call 259-5834.
- For Police Dispatch, call 259-5888.
- For Montford's Community Resource Officers Sean Davis or Lucas Lovelace, call 251-4078

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**Thank you to all our newsletter deliverers**